



KU/AIU/2022-2023  
No : 8604

# UNIVERSITY OF KERALA DEPARTMENT OF PHYSICAL EDUCATION Certificate



This is to certify that Sri. AIWIN C BYJU  
of GOVT. COLLEGE, KARIAVATTOM  
was a member of UNIVERSITY OF KERALA team which participated in the  
All India inter university ROLL BALL (MEN) TOURNAMENT  
organized by BENGALURU NORTH UNIVERSITY  
from 19-05-2023 to 21-05-2023 for the year 2022-2023.

Position : THIRD

Thiruvananthapuram

Date : 03-08-2023



*[Signature]*  
DIRECTOR

*[Signature]*

VICE CHANCELLOR



KU/AIU/2022-2023  
No : 6986

# UNIVERSITY OF KERALA

## DEPARTMENT OF PHYSICAL EDUCATION

### Certificate

This is to certify that Sri. ADHARSH V.R  
of GOVT. COLLEGE, KARIAVATTOM  
was a member of UNIVERSITY OF KERALA team which participated in the  
All India inter university FENCING(MEN) TOURNAMENT  
organized by UNIVERSITY OF JAMMU  
from 20-12-2022 to 23-12-2022 for the year 2022-2023.

Position : PARTICIPATION

Thiruvananthapuram

Date : 28-02-2023



*[Signature]*  
DIRECTOR

VICE CHANCELLOR



KU/AIU/2022-2023

No : 8566

**UNIVERSITY OF KERALA**  
**DEPARTMENT OF PHYSICAL EDUCATION**  
**Certificate**

*This is to certify that Kum. GOURI NAIR A*

of GOVT. COLLEGE, KARIAVATTOM  
was a member of UNIVERSITY OF KERALA team which participated in the  
*All India inter university* POWER LIFTING(WOMEN) TOURNAMENT  
*organized by* CENTRAL UNIV OF HP, HP  
*from* 09-03-2023 to 12-03-2023 *for the year* 2022-2023.

*Position :* PARTICIPATION

Thiruvananthapuram

Date : 25-07-2023



*[Signature]*  
DIRECTOR

VICE CHANCELLOR





KU/SZIU/2022-2023  
No : 6727

# UNIVERSITY OF KERALA DEPARTMENT OF PHYSICAL EDUCATION Certificate



This is to certify that Sri. ARAVIND K

of GOVT. COLLEGE, KARIAVATTOM  
was a member of UNIVERSITY OF KERALA team which participated in the  
South zone inter university ATHLETICS(MEN) TOURNAMENT  
organized by TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY  
from 09-01-2023 to 12-01-2023 for the year 2022-2023.

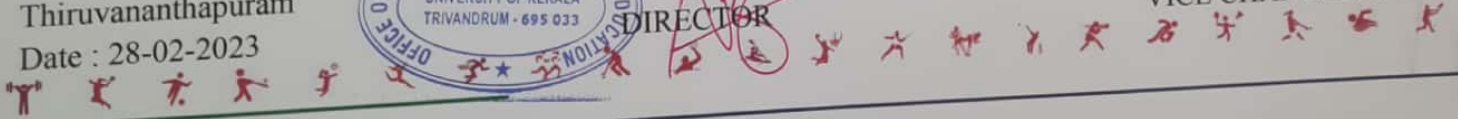
Position : PARTICIPATION

Thiruvananthapuram  
Date : 28-02-2023



DIRECTOR

VICE CHANCELLOR



KU/AIU/2022-2023  
No : 8598



**UNIVERSITY OF KERALA**  
**DEPARTMENT OF PHYSICAL EDUCATION**  
**Certificate**



This is to certify that Sri. AFREEN MOHAMMED S  
of GOVT. COLLEGE, KARIAVATTOM  
was a member of UNIVERSITY OF KERALA team which participated in the  
All India inter university TAEKWONDO-KYORUGI(MEN) TOURNAMENT  
organized by GNDU AMRITSAR  
from 03-01-2023 to 06-01-2023 for the year 2022-2023.

Position : PARTICIPATION

Thiruvananthapuram  
Date : 31-07-2023



*[Signature]*  
DIRECTOR

*[Signature]*  
VICE CHANCELLOR





KU/AIU/2022-2023  
No : 8144

# UNIVERSITY OF KERALA

## DEPARTMENT OF PHYSICAL EDUCATION

### Certificate



This is to certify that Kum. SURYA SANTHOSH  
of GOVT. COLLEGE, KARIAVATTOM  
was a member of UNIVERSITY OF KERALA team which participated in the  
All India inter university CYCLING (TRACK)(WOMEN) TOURNAMENT  
organized by PUNJABI UNIVERSITY  
from 24-01-2023 to 27-01-2023 for the year 2022-2023.

Position : PARTICIPATION

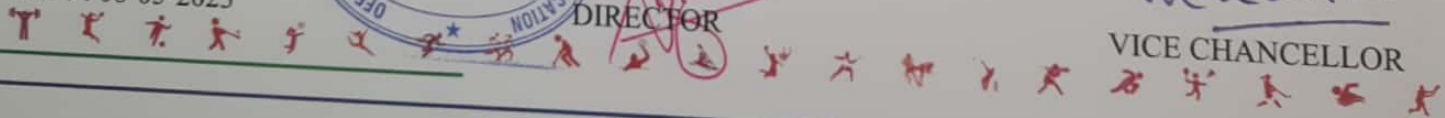
Thiruvananthapuram

Date : 08-05-2023



*Surya.ki*  
DIRECTOR

*R. Manu*  
VICE CHANCELLOR



KUIC/ 2022-2023

No : 7852



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. AFREEN MOHAMMED S

member of GOVT. COLLEGE, KARIAVATTOM has secured

FIRST Place in UNDER 54KG in the Kerala University Inter Collegiate (Inter zone)

TAEKWONDO-KYORUGI(MEN) CHAMPIONSHIP held at L.N.C.P.E, KARIAVATTOM, THIRUVANANTHAPURAM

from 18-12-2022 to 18-12-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 03-03-2023



*[Signature]*  
DIRECTOR

KUIC/ 2022-2023

No : 5595



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. ASHIK MURALI

member of GOVT. COLLEGE, KARIAVATTOM has secured  
SECOND Place in FOIL(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 25-11-2022



DIRECTOR

*Ashik*



KUIC/ 2022-2023

No : 7870



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. AFREEN MOHAMMED S

member of GOVT. COLLEGE, KARIAVATTOM has secured

SECOND Place in INDIVIDUAL in the Kerala University Inter Collegiate (Inter zone)

TAEKWONDO-POOMSAE(MEN) CHAMPIONSHIP held at L.N.C.P.E, KARIAVATTOM, THIRUVANANTHAPURAM

from 18-12-2022 to 18-12-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 03-03-2023



DIRECTOR

KUIC/ 2022-2023  
No : 5594



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

*This is to certify that Sri.* ADHARSH V.R  
*member of* GOVT. COLLEGE, KARIAVATTOM *has secured*  
SECOND Place in FOIL(Team) *in the Kerala University Inter Collegiate (Inter zone)*  
FENCING(MEN) CHAMPIONSHIP *held at* GOVT. ARTS COLLEGE, THYCAUD  
*from* 22-11-2022 to 23-11-2022 *for the year* 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

DIRECTOR

KUIC/ 2022-2023  
No : 5628



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

*This is to certify that Sri.* ADHARSH V.R

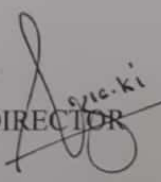
*member of* GOVT. COLLEGE, KARIAVATTOM *has secured*

THIRD *Place in* SABRE(TEAM) *in the Kerala University Inter Collegiate (Inter zone)*

FENCING(MEN) CHAMPIONSHIP *held at* GOVT. ARTS COLLEGE, THYCAUD

*from* 22-11-2022 to 23-11-2022 *for the year* 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023

No : 5586



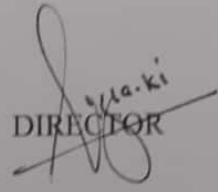
DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

This is to certify that Sri. ADHARSH V.R

member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in SABRE in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5578



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

This is to certify that Sri. ADHARSH V.R  
member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in FOIL in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

DIRECTOR

KUIC/ 2022-2023  
No : 5551



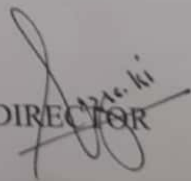
DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Kum. LEKSHMI S

member of GOVT. COLLEGE, KARIAVATTOM has secured  
SECOND Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(WOMEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5550



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Kum. ANAKHA A S

member of GOVT. COLLEGE, KARIAVATTOM has secured

SECOND Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)

FENCING(WOMEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD

from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023

No : 8179



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Kum. ANAKHA A S

member of

GOVT. COLLEGE, KARIAVATTOM

has secured

SECOND

Place in

63 KG

in the Kerala University Inter Collegiate (Inter zone)

POWER LIFTING(WOMEN) CHAMPIONSHIP held at

SH CAMPUS PALAYAM

from 06-01-2023 to 08-01-2023 for the year 2022-2023.

Thiruvananthapuram

Date : 08-05-2023



*[Signature]*  
DIRECTOR



KUIC/ 2022-2023  
No : 5552



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Kum. BANAZIR. M

member of GOVT. COLLEGE, KARIAVATTOM

has secured

SECOND Place in EPEE(Team)

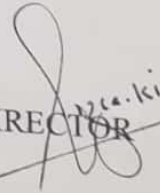
in the Kerala University Inter Collegiate (Inter zone)

FENCING(WOMEN) CHAMPIONSHIP held at

GOVT. ARTS COLLEGE, THYCAUD

from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5593

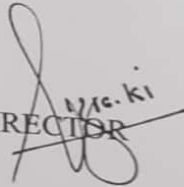


DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. AJITH S  
member of GOVT. COLLEGE, KARIAVATTOM has secured  
SECOND Place in FOIL(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5593

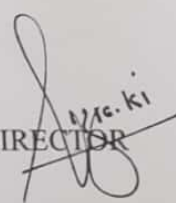


DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



*This is to certify that Sri.* AJITH S  
*member of* GOVT. COLLEGE, KARIAVATTOM *has secured*  
SECOND *Place in* FOIL(Team) *in the Kerala University Inter Collegiate (Inter zone)*  
FENCING(MEN) CHAMPIONSHIP *held at* GOVT. ARTS COLLEGE, THYCAUD  
*from* 22-11-2022 to 23-11-2022 *for the year* 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023

No : 5592



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. NABEEL N

member of GOVT. COLLEGE, KARIAVATTOM has secured

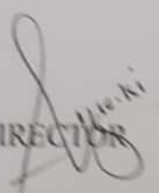
SECOND Place in FOIL (TEAM) in the Kerala University Inter Collegiate (Inter zone)

FENCING (MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD

from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5615



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. NABEEL N  
member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023

No : 7673



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



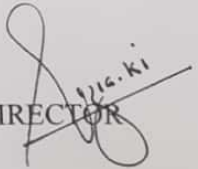
This is to certify that Sri. RAISON RENNY PHILIP

member of GOVT. COLLEGE, KARIAVATTOM has secured  
SECOND Place in 90+ KG in the Kerala University Inter Collegiate (Inter zone)  
WUSHU(MEN) CHAMPIONSHIP held at SH UNIVERSITY CAMPUS PALAYAM  
from 20-01-2023 to 21-01-2023 for the year 2022-2023.

Thiruvananthapuram

Date : 02-03-2023



  
DIRECTOR

KUIC/ 2022-2023

No : 5549



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Kum. SONITHA A P

member of GOVT. COLLEGE, KARIAVATTOM has secured  
SECOND Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(WOMEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023

No : 5626



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

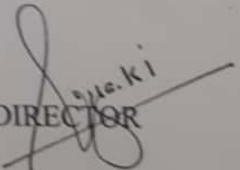


This is to certify that Sri. AKHIL J

member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in SABRE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 25-11-2022

  
DIRECTOR



KUIC/ 2022-2023  
No : 7640



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. JEYAHARI S  
member of GOVT. COLLEGE, KARIAVATTOM: has secured  
THIRD Place in 52 KG in the Kerala University Inter Collegiate (Inter zone)  
WUSHU(MEN) CHAMPIONSHIP held at SH UNIVERSITY CAMPUS PALAYAM  
from 20-01-2023 to 21-01-2023 for the year 2022-2023.

Thiruvananthapuram  
Date : 02-03-2023



  
DIRECTOR

KUIC/ 2022-2023

No : 6230



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. JEYAHARI S

member of GOVT. COLLEGE, KARIAVATTOM has secured  
SECOND Place in BANTAM WEIGHT 51-54KG in the Kerala University Inter Collegiate (Inter zone)  
BOXING(MEN) CHAMPIONSHIP held at  
from 10-12-2022 to 11-12-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 21-12-2022



DIRECTOR

KUIC/ 2022-2023  
No : 8163



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. RAISON RENNY PHILIP

member of GOVT. COLLEGE, KARIAVATTOM has secured  
FIRST Place in 120 KG in the Kerala University Inter Collegiate (Inter zone)  
POWER LIFTING(MEN) CHAMPIONSHIP held at SH CAMPUS PALAYAM  
from 06-01-2023 to 08-01-2023 for the year 2022-2023.

Thiruvananthapuram  
Date : 08-05-2023

DIRECTOR

KUIC/ 2022-2023

No : 8159



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. ARJUN A J

member of GOVT. COLLEGE, KARIAVATTOM has secured

THIRD Place in 93 KG in the Kerala University Inter Collegiate (Inter zone)

POWER LIFTING(MEN) CHAMPIONSHIP held at SH CAMPUS PALAYAM

from 06-01-2023 to 08-01-2023 for the year 2022-2023.

Thiruvananthapuram

Date : 08-05-2023



DIRECTOR

KUIC/ 2022-2023  
No : 5616

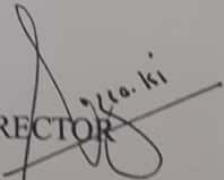


DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. THANZEEL A H  
member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5614



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. NITHIN L.P

member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023

No : 5627



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate




This is to certify that Sri. NITHIN .L.P

member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in SABRE(TEAM) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 5617




DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. ARIF NAVAS

member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in EPEE(Team) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR



KUIC/ 2022-2023  
No : 5629



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate



This is to certify that Sri. ARIF NAVAS has secured  
member of GOVT. COLLEGE, KARIAVATTOM  
THIRD Place in SABRE(TEAM) in the Kerala University Inter Collegiate (Inter zone)  
FENCING(MEN) CHAMPIONSHIP held at GOVT. ARTS COLLEGE, THYCAUD  
from 22-11-2022 to 23-11-2022 for the year 2022-2023.

Thiruvananthapuram  
Date : 25-11-2022

  
DIRECTOR

KUIC/ 2022-2023  
No : 8188



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

*This is to certify that Kum. GOURI NAIR A*

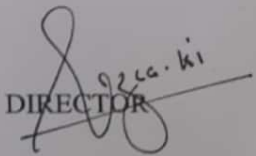
*member of* GOVT. COLLEGE, KARIAVATTOM *has secured*

SECOND Place in 84 KG in the Kerala University Inter Collegiate (Inter zone)

POWER LIFTING(WOMEN) CHAMPIONSHIP held at SH CAMPUS PALAYAM

from 06-01-2023 to 08-01-2023 for the year 2022-2023.

Thiruvananthapuram  
Date : 08-05-2023

  
DIRECTOR

KUIC/ 2022-2023

No : 8267



DEPARTMENT OF PHYSICAL EDUCATION  
UNIVERSITY OF KERALA  
Certificate

This is to certify that Sri. PRANAV R SUBIN  
member of GOVT. COLLEGE, KARIAVATTOM has secured  
THIRD Place in FLY WEIGHT 48-51KG in the Kerala University Inter Collegiate (Inter zone)  
BOXING(MEN) CHAMPIONSHIP held at  
from 10-12-2022 to 11-12-2022 for the year 2022-2023.

Thiruvananthapuram

Date : 07-06-2023

DIRECTOR



# TAEKWONDO ASSOCIATION OF KERALA (TAKE)

Polite Castle, Mounted Police Road, Thycaud P.O. Thiruvananthapuram 695014

Affiliated to: World Taekwondo (WT) & Taekwondo Federation of India (TFI)

Recognized by: Ministry of Youth Affairs & Sports, Govt. of India, Indian Olympic Association (IOA)

Kerala State Sports Council, Govt. of Kerala

Organized by:

THIRUVANANTHAPURAM DISTRICT TAEKWONDO ASSOCIATION

24<sup>TH</sup> KERALA STATE SENIOR

TAEKWONDO CHAMPIONSHIP-2022-23

CERTIFICATE OF PARTICIPATION

No:- TAKE/SNR/P/2022-23/111

This is to certify that **AFREEN MOHAMMED.S** DOB **26th Aug 2004** representing **TRIVANDRUM** District has participated in the **SENIOR KYORUGI - MALE UNDER 54Kg** weight category in the 24<sup>th</sup> Kerala State Senior Taekwondo Championship 2022-23 held on 24<sup>th</sup> January 2023 at **LNCPE Indoor Stadium, Karyavattom, Thiruvananthapuram.**

Dr. K.M. ABRAHAM IAS(Retd)  
President  
Taekwondo Association of Kerala  
(TAKE)

AJI B  
Secretary  
Thiruvananthapuram  
District Taekwondo  
Association

RANI MOHANDAS  
President  
Thiruvananthapuram  
District Taekwondo  
Association

RATHEESH V  
General Secretary  
Taekwondo Association of Kerala  
(TAKE)

THIRUVANANTHAPURAM DISTRICT TAEKWONDO ASSOCIATION  
Kerala State Sports Council



# KERALA STATE POWERLIFTING ASSOCIATION

Affiliated to

**POWERLIFTING INDIA**

Recognised by

**Kerala State Sports Council**

No:148/16835/2022



This is to certify that **GOURI NAIR A** representing **Thiruvananthapuram** has secured **Third** place in the **84kg - Junior** in the Kerala State Women's Sub Junior, Junior & Masters Equipped Powerlifting Championship 2022 held at Priyadarshini Auditorium, Thiruvananthapuram from 29-05-2022 to 30-05-2022

**Squat[PL] : 110.0 Kg [3]**

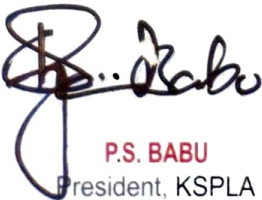
**Bench Press[PL] : 42.5 Kg [2]**

**Deadlift[PL] : 120.0 Kg [2]**

**Total : 272.5 Kg**

**Date of Birth : 04-April-2003**

**Body Weight : 82.80 Kg**

  
**P.S. BABU**  
President, KSPLA

  
**Anil A Johnson**  
Observer, KSSC

  
**VENG. G. NAIR**  
Hony. Secretary, KSPLA



# KERALA STATE POWERLIFTING ASSOCIATION

Affiliated to

**POWERLIFTING INDIA**

Recognised by

**Kerala State Sports Council**

No:154/17922/2022



This is to certify that **GOURI NAIR A** representing **Thiruvananthapuram** has secured **Second** place in the **84kg - Junior** in the Kerala State Women's Classic Powerlifting Championship 2022 held at Fort Kochi, Ernakulam from 29-07-2022 to 31-07-2022

**Squat[PL] : 110.0 Kg [2]**

**Bench Press[PL] : 47.5 Kg [2]**

**Deadlift[PL] : 120.0 Kg [2]**

**Total : 277.5 Kg**

**Date of Birth : 04-April-2003**

**Body Weight : 82.50 Kg**

  
**P.S. BABU**  
President, KSPLA

  
**R RAMANATHAN**  
Observer, KSSC

  
**VENU. G. NAIR**  
Hony. Secretary, KSPLA



**KERALA UNIVERSITY YOUTH FESTIVAL-2023**  
**ORGANIZED BY KERALA UNIVERSITY UNION 2021-22**  
2023 MAY 05-09, AMBALAPUZHA

# Certificate of Merit

This is to certify that Ms. GOURINANDANA.B.R student of Govt. College, Kariavattom, Thiruvananthapuram has participated in the Kerala University Youth Festival held at Ambalapuzha from 5th to 9th May 2023 and she has won **SECOND** place in AKSHARASLOKAM - MALAYALAM

*Nazeem M.*  
**NAZEEM M.**  
General Secretary

*Vishnu A.*  
**VISHNU A.**  
Chairman

*Siddik R.*  
**SIDDIK R.**  
Director Student Services

*Prof. (Dr.) Mohanan*  
**Prof. (Dr.) MOHANAN KUNNUMMAL**  
Vice Chancellor





**KERALA UNIVERSITY YOUTH FESTIVAL-2023**  
**ORGANIZED BY KERALA UNIVERSITY UNION 2021-22**  
2023 MAY 05-09, AMBALAPUZHA

## Certificate of Merit

This is to certify that Ms. GOURINANDANA.B.R student of Govt. College, Kariavattom, Thiruvananthapuram has participated in the Kerala University Youth Festival held at Ambalapuzha from 5th to 9th May 2023 and she has won **SECOND** place in **RECITATION - MALAYALAM**

**NAZEEM M.**  
General Secretary

**VISHNU A.**  
Chairman

**SIDDIK R.**  
Director Student Services

**Prof. (Dr.) MOHANAN KUNNUMMAL**  
Vice Chancellor





**KERALA UNIVERSITY YOUTH FESTIVAL-2023**  
**ORGANIZED BY KERALA UNIVERSITY UNION 2021-22**  
2023 MAY 05-09, AMBALAPUZHA

# Certificate of Merit

This is to certify that Ms. GOURINANDANA.B.R student of Govt. College, Kariavattom, Thiruvananthapuram has participated in the Kerala University Youth Festival held at Ambalapuzha from 5th to 9th May 2023 and she has won THIRD place in MAPPILAPPATTU - FEMALE

  
**NAZEEM M.**  
General Secretary

  
**VISHNU A.**  
Chairman

  
**SIDDIK R.**  
Director Student Services

  
**Prof. (Dr.) MOHANAN KUNNUMMAL**  
Vice Chancellor

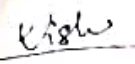


**KERALA UNIVERSITY YOUTH FESTIVAL-2023**  
**ORGANIZED BY KERALA UNIVERSITY UNION 2021-22**  
2023 MAY 05-09, AMBALAPUZHA

# Certificate of Merit

This is to certify that Ms. GOURINANDANA.B.R student of Govt. College, Kariavattom, Thiruvananthapuram has participated in the Kerala University Youth Festival held at Ambalapuzha from 5th to 9th May 2023 and she has won **FIRST** place in **AKSHARASLOKAM - SANSKRIT**

  
**NAZEEM M.**  
General Secretary

  
**VISHNU A.**  
Chairman

  
**SIDDIK R.**  
Director Student Services

  
**Prof. (Dr.) MOHANAN KUNNUMMAL**  
Vice Chancellor





**KERALA UNIVERSITY YOUTH FESTIVAL-2023**  
**ORGANIZED BY KERALA UNIVERSITY UNION 2021-22**  
2023 MAY 05-09, AMBALAPUZHA

## Certificate of Merit

This is to certify that Mr. ARJUN.M.S student of Govt. College, Kariavattom, Thiruvananthapuram has participated in the Kerala University Youth Festival held at Ambalapuzha from 5th to 9th May 2023 and he has won SECOND place in STRINGED INSTRUMENT - GUITAR

*Nazeem M.*  
**NAZEEM M.**  
General Secretary

*Vishnu A.*  
**VISHNU A.**  
Chairman

*Siddik R.*  
**SIDDIK R.**  
Director Student Services

*Prof. (Dr.) Mohanan Kunnummal*  
**Prof. (Dr.) MOHANAN KUNNUMMAL**  
Vice Chancellor





**India**  
**Book of Records**  
*Extraordinary feats... Extraordinary people*

## CERTIFICATE

### **LONGEST MEHENDI DESIGN MADE ON A PAPER ROLL**

The record for making the longest mehendi design on a paper roll was set by Sakunthala Abhirami S. A. (born on November 16, 2001) of Thiruvananthapuram, Kerala. She made the longest mehendi design (measuring 19 feet x 0.67 feet) in grid pattern, using 6 mehendi cones, a paper roll, scissors, pencil and newspapers, as confirmed on September 11, 2023.



Date : September 18, 2023

**Dr. Biswaroop Roy Chowdhury**  
Chief Editor  
India Book of Records

India Book of Records is registered with the Government of India with RNI no HARENG/2010/32259.

India Book of Records is affiliated to Asia Book of Records and follows Asian Protocol of Records (APRs) as per the consensus arrived at the meeting of the Chief Editors of National Record Books, Ho Chi Minh City, Vietnam.

## CULTURAL ACTIVITIES

75. Aksharaslokam - Malayalam (Literary) Updated time : May-7-2023 1:04:08 pm

Position	Code No.	Name of participant	College
First	107	RAJARAJESWARY S B	Govt. College For Women, Vazhuthacadu, Thiruvananthapuram
Second	108	GOURINANDANA B.R	Govt. College, Kariavattom, Thiruvananthapuram
Second	105	SWATHY G KRISHNA	University College, Thiruvananthapuram
Third	101	HARISANKER S	Bishop Moore College, Mavelikara, Alappuzha
Third	109	HARDA M. L.	St Johns College, Anchal, Kollam

76. Recitation - Malayalam (Literary) Updated time : May-7-2023 7:00:46 am

Position	Code No.	Name of participant	College
First	428	GANGA S	Baby John Memorial Govt. College, Chavara, Kollam
Second	409	GOURINANDANA B.R	Govt. College, Karavattom, Thiruvananthapuram
Third	449	PARVATHY S	Govt. College of Teacher Education, Thycaud, Thiruvananthapuram

77. Western Vocal - Group (Music) Updated time : May-7-2023 4:27:57 am

Position	Code No.	Name of College
First	103	Sree Swathi Thirunal College of Music, Thiruvananthapuram
Second	102	All Saint's College, Chakai, Thiruvananthapuram
Second	104	Mar Ivanios College, Nalanchira, Thiruvananthapuram
Third	106	Govt. College For Women, Vazhuthacadu, Thiruvananthapuram

Windows taskbar: Type here to search, 31°C, 10:25 AM, 22-12-2023

**68. Elocution - Malayalam (Literary)** Updated time : May-7-2023 6:18:48 pm

Position	Code No.	Name of participant	College
First	126	K R UTHARA RAJI	Mar Ivanios College, Nalanchira, Thiruvananthapuram
Second	127	SIVARENJINI G B	Govt. Law College, Thiruvananthapuram, Thiruvananthapuram
Third	109	ARJUN S NAIR	University College, Thiruvananthapuram

**69. Aksharasloka - Sanskrit (Literary)** Updated time : May-7-2023 5:19:32 pm

Position	Code No.	Name of participant	College
First	106	GOURINANDANA B R	Govt. College, Kariavattom, Thiruvananthapuram
Second	104	ARJUN K V	Kerala University Campus
Third	101	SREEDEVI NELLYODU	University College, Thiruvananthapuram
Third	102	HARISANKER.S	Bishop Moore College, Mavelikara, Alappuzha

**70. Margamkali (Dance)** Updated time : May-7-2023 4:45:55 pm

Position	Code No.	Name of College
First	307	Mar Ivanios College, Nalanchira, Thiruvananthapuram
First	315	Sree Swathi Thirunal College of Music, Thiruvananthapuram
Second	302	Govt. Arts College, Thiruvananthapuram
Second	310	Govt. College For Women, Mambuthope, Thiruvananthapuram

Third	516	KRISHNA PRIYA M S	Malayankeezu Madhavakavi Memorial Govt. Arts and Science College, Malayankeezu, Thiruvananthapuram
Third	517	FATHIMA .S.S	Govt. College, Nedumangad, Thiruvananthapuram
Third	520	HARISHMAA	Christ Nagar College, Maranalloor, Thiruvananthapuram
Third	528	GOURINANDANA.B.R	Govt. College, Kariavattom, Thiruvananthapuram

**3. Stringed Instrument - Guitar (Music)** Updated time : May-9-2023 11:26:43 am

Position	Code No.	Name of participant	College
First	103	ASWIN . P. S	S N College, Kollam
First	107	K.A.AZHAD	Karmela Rani Training College, Kollam
Second	102	ARJUN.M.S	Govt. College, Kariavattom, Thiruvananthapuram
Second	106	MOHAMMED ROSHAN	Marthoma College of Science And Technology, Ayur, Kollam
Second	109	AADHIBN SHINE	Marian College of Arts and Science Menamkuulam, Kazhakkuttom, Thiruvananthapuram
Third	108	ANAGH S.M	Christ Nagar College, Maranalloor, Thiruvananthapuram
Third	105	J.S. GOKUL	Sree Swathi Thirunal College of Music, Thiruvananthapuram
Third	104	SAM ROJIYA S	All Saint's College, Chakai, Thiruvananthapuram
Third	101	NIRMAL B.V SAMUEL	Bishop Jesudasan Arts & Science College, Mulayara, Thiruvananthapuram

**4. Mappilappattu - Transgender (Music)** Updated time : May-9-2023 11:11:31 am

Position	Code No.	Name of participant	College
First	304	MAINIKA MUDALI	University College, Thiruvananthapuram

Position	Code No.	Name of participant	College
First	394	JISHNA P	Govt. Arts College, Thiruvananthapuram
Second	323	MADEENA P S	The Kerala Law Academy Law College, Thiruvananthapuram, Thiruvananthapuram
Third	381	MARY TREESA J AROUJE	Sanatana Dharma College, Sanathanapuram, Alappuzha

## 2. Mappilappattu - Female (Music) Updated time : May-9-2023 11:47:36 am

Position	Code No.	Name of participant	College
First	503	KARTHIKA PRADOSH	Christian College, Kattakada, Thiruvananthapuram
First	518	DEVIKA V NAIR	All Saint's College, Chakai, Thiruvananthapuram
First	522	AMALJYOTHY A S	Govt. College For Women, Vazhuthacadu, Thiruvananthapuram
Second	530	R S SAIPOURNAMI	Mar Ivanios College, Nalanchira, Thiruvananthapuram
Second	510	RISHANAA	S N College, Kollam
Second	505	AARCHA. R.J	Emmanuel College, Vazhichal, Thiruvananthapuram
Third	501	UTHARA SUNILKUMAR	F.M.N College, Kollam
Third	516	KRISHNA PRIYA M S	Malayankeezu Madhavakavi Memorial Govt. Arts and Science College, Malayankeezu, Thiruvananthapuram
Third	517	FATHIMA .S.S	Govt. College, Nedumangad, Thiruvananthapuram
Third	520	HARISHMAA	Christ Nagar College, Maranalloor, Thiruvananthapuram
Third	528	GOURINANDANA B.R	Govt. College, Kariavattom, Thiruvananthapuram

## 3. Stringed Instrument - Guitar (Music) Updated time : May-9-2023 11:26:43 am

Position	Code No.	Name of participant	College
Second	216	University College, Thiruvananthapuram	
Second	217	Mar Ivanios College, Nalanchira, Thiruvananthapuram	
Third	214	Mahatma Gandhi College, Kesavadasapuram, Thiruvananthapuram	
Third	220	H.H.M.S.P.B. N.S.S. College for Women, Neeramankara, Thiruvananthapuram	
Third	209	T K M College Of Arts Science, Kollam	
Third	213	S N College, Kollam	

## 75. Aksharaslokam - Malayalam (Literary) Updated time : May-7-2023 1:04:08 pm

Position	Code No.	Name of participant	College
First	107	RAJARAJESWARY S B	Govt. College For Women, Vazhuthacadu, Thiruvananthapuram
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Second	105	SWATHY G KRISHNA	University College, Thiruvananthapuram
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## 76. Recitation - Malayalam (Literary) Updated time : May-7-2023 7:00:46 am

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