NATIONAL SERVICE SCHEME (Unit 17 A & B)



Not me but You

GOVERNMENT COLLEGE KARIAVATTOM THIRUVANANTHAPURAM

ANNUAL REPORT OF REGULAR ACTIVITY 2022-23



Total number of NSS Units: 2 (17A & B)

Total Number of Volunteers in the College: 200 (100 per Unit)

Number of Volunteers (2nd year): 100

Volunteers are divided into four groups. Each group was given names of Missiles of India

Volunteer Secretaries: Anargha AU (1st year Geography), Ameen Pareesa Sidique (1st year Biotechnology), Abhirami (1st year Physics & Computer Application) and Adarsh (1st year Chemistry & Industrial Chemistry)









Number of Volunteers (1st year): 100

Volunteers are divided into four groups. Each group was given names of Martyrs of Indian Army

Volunteer Secretaries: Mohammed Midlaj (IInd year Geography)

Fathima A (IInd year Physics and Computer Application)



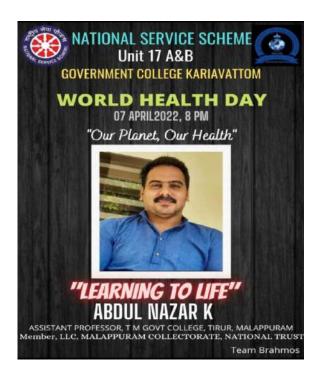
NSS Program Officers:

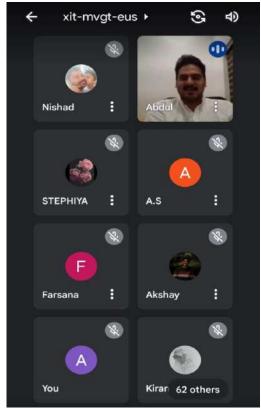
Dr. C. R. Dhanya (Associate Professor, Department of Biochemistry, Govt. College Kariavattom)

Dr. Abhilash A. (Assistant Professor, Department of Zoology, Govt. College Kariavattom)

Principal: Smt. Jaya A. S.

7 April 2022, on the occasion of World Health Day: Motivational talk by Mr. Abdul Nasar K (physically challenged) Assistant Professor, TM Govt college Malappuram, Member, LLC, Malappuram Collectorate, National Trust.

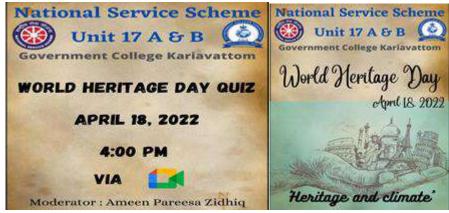


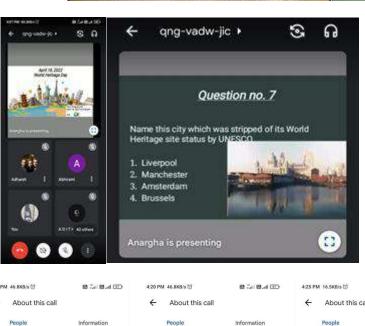


Beach Clean up:. 8th April 2022. Cleanup of St. Andrews Beach. Volunteers were split into four groups, each group was assigned an area. Volunteers collected plastic and other wastes from the beach and handed over to the local authorities for disposal.

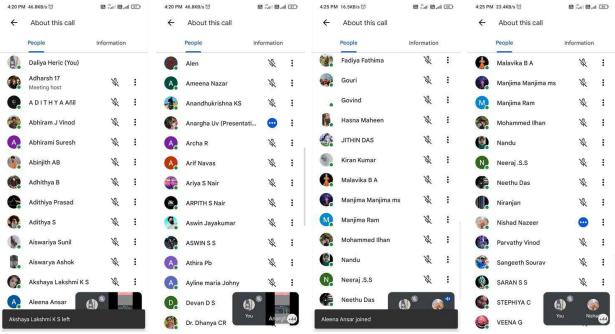


World heritage day-18th April 2022. On line quiz was conducted based on historic monuments of India. 50 volunteers attended the quiz

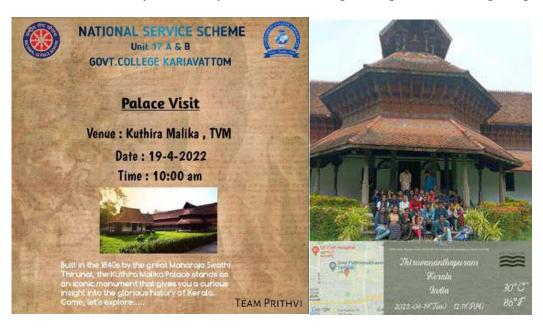








Visit to Puthenmalika Palace, in connection to heritage day, 19th April 2022. Volunteers learned about the historical importance of the palace and museum. Puthen Maliga is an example of traditional Kerala architecture, with its typical sloping roofs, overhanging eaves, pillared verandahs and enclosed courtyards. Thirty volunteers had a great experience visiting the palace.





Thenmala field trip, 7th May 2022: 38 volunteers. we visited adventure park, Butterfly Park, deer Park and Leisure zone. The field trip was intended to give volunteers an awareness regarding the significance of conservation of nature and eco tourism.





Environment day: 5th June 2022. Volunteers did campus cleaning, planting trees and saplings in campus. The activity began on June 5th and continued throughout the year.







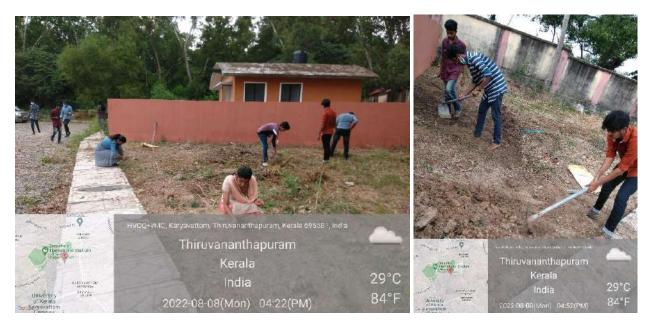
1st July 2022



30th July 2022



8th Aug 2022



15th August 2022





19th August 2022



25th August 2022



27th August 2022







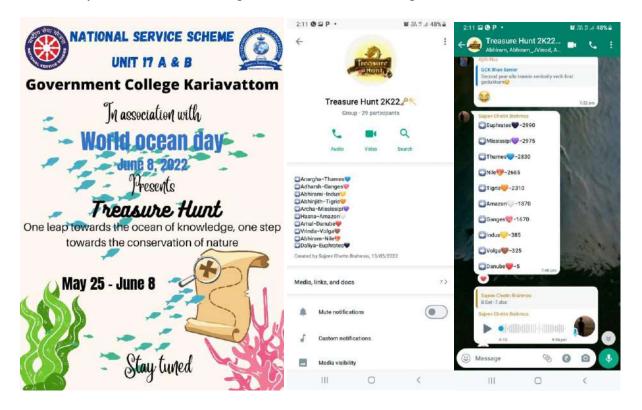
26th Nov 2022

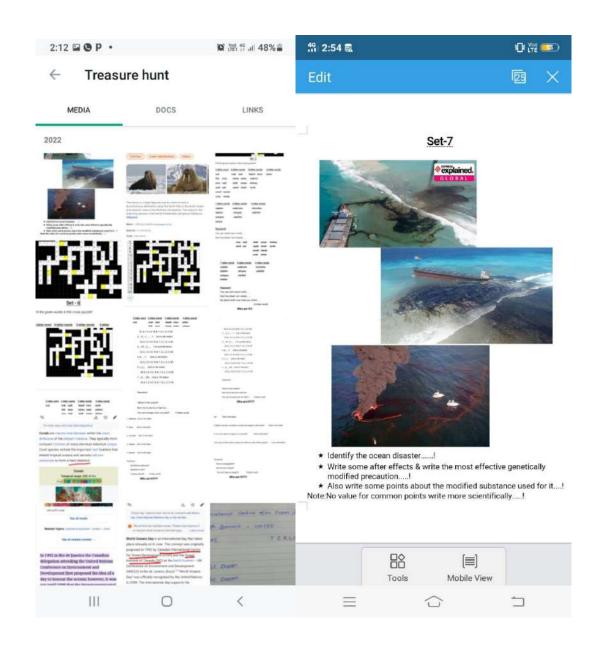




World ocean day: It is a online programme that started on **25 may 2022 and ended on 8th June 2022**. We started the treasure hunt with 10 teams named Euphrates, Mississipi, Thames, Nile, Tigris, Amazon, Ganges, Indus, Volga, Danube and each team has 6 members each. At the end of the treasure hunt Euphrates team has won with most points than the other teams.

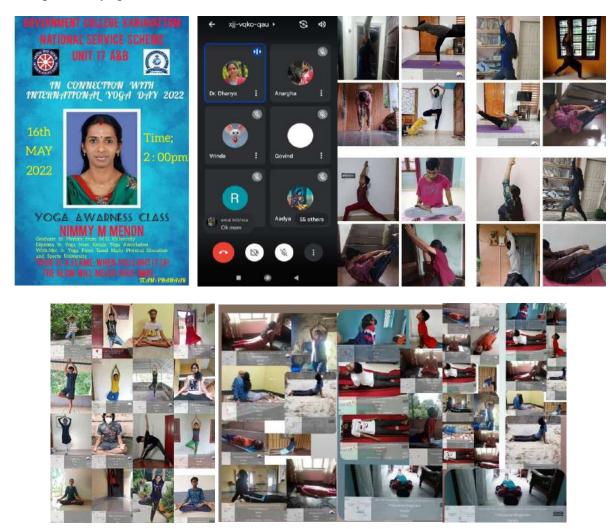
Sajeev and Ameen hosted the online programme. We gave the teams 5 documents which contains informative questions and Puzzles about the Ocean, they have to solve each document and get the password to open the next documents. The team who finished in short time won the treasure hunt. The activity bas aimed at enriching volunteers with knowledge about the Ocean.





International Yoga day: Various programs were conducted on different days.

Online awareness class by Smt. Nimmy Menon, on 16th May 2022. Volunteers were made to do various poses of yoga



Yoga instructor, Smt. Sheeja, trained 20 volunteers and prepared them to attend International Yoga Day organised at Jimmy George stadium on 21st June 2022.









A Yoga session was conducted by Sri Ciniji P Thomas, at College on 21st June 2022

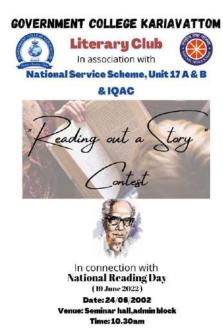








Reading day 24th June 2022: Reading out a Story contest was organised. Students read out story in English, Malayalam, Hindi, French and Sanskrit











NSS State award function 7th **June 2022.** Along with other Colleges, POs and Volunteers attended the function. Sri Brahmanayakam Mahadevan gave orientation class to volunteers during the function, as part of training on conducting an event.









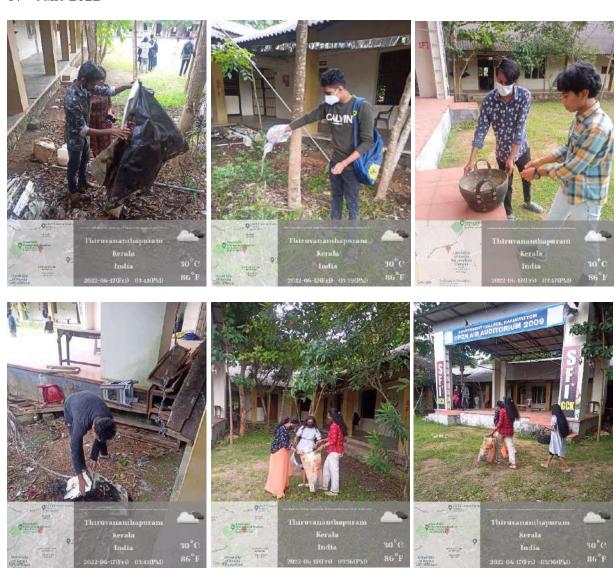
Awareness class 10^{th} June 2022 on mosquito caused diseases and mosquito eradication, by Puthenthope CHC



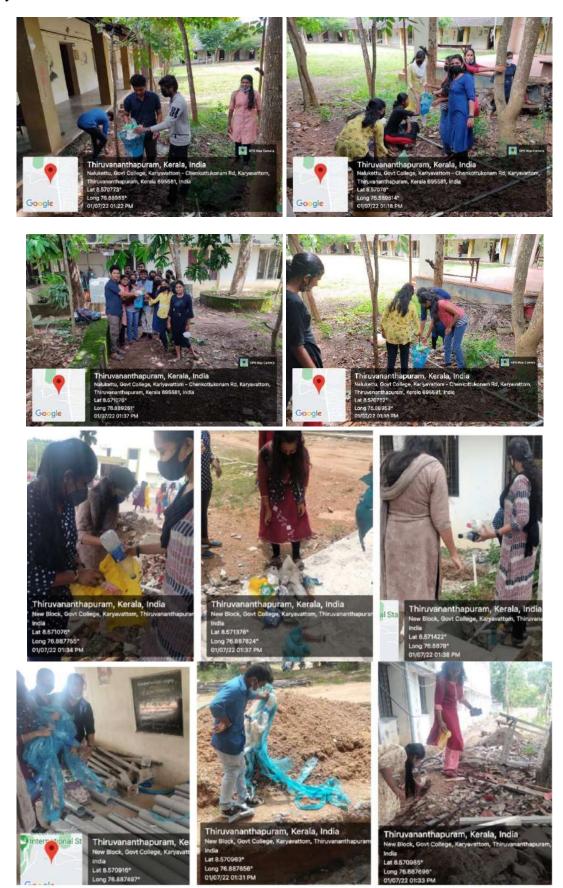
It was decided to conduct dry day programs in college from 17th June, during rainy season.

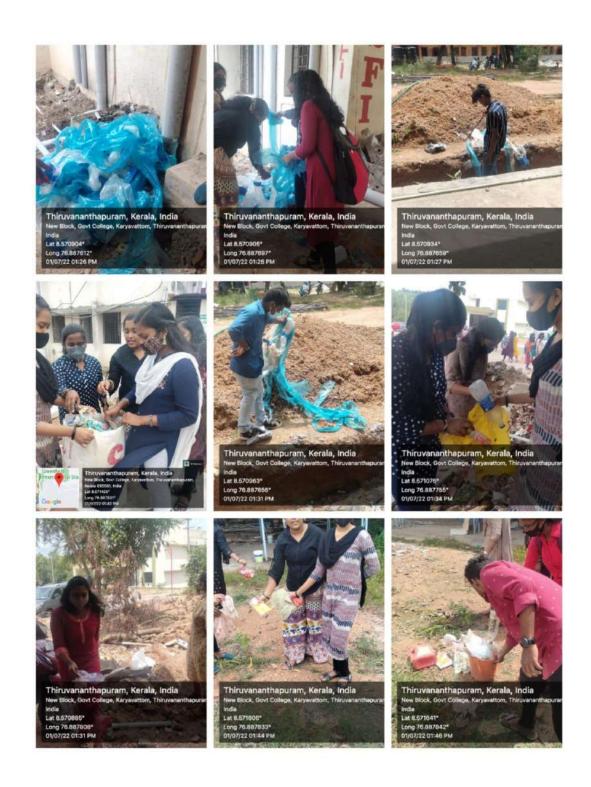


17th June 2022



1st July 2022











22nd Nov 2022



Personality development program 30th July 2022 by Miss Teen Kerala, of Miss Teen India national-level beauty pageant organised by Mumbai-based StarLife Productions





Hiroshima day 6th August 2022: Each group made posters



Freedom Wall was made in association with EWYL and NCC: 12th to 14th August 2022









Independence Day celebration 15^{th} August 2022: Freedom wall was inaugurated.





Three days residential Leadership training 23rd – 25th July 2022 at University Student's Centre, PMG, Palayam: Volunteers secretaries, Anargha and Ameen took part in it



National Unity Day 31st Oct 2022: In connection with birth anniversary of Sardar Vallabhai Patel. Oath taking, freedom run and talk





ETI Training 17th – 21st September 2022: Dr. C. R. Dhanya participated in one weeks ETI training organised by ETI institute Kozhikode





Survey at Thenjipalam Panchayath, as part of training







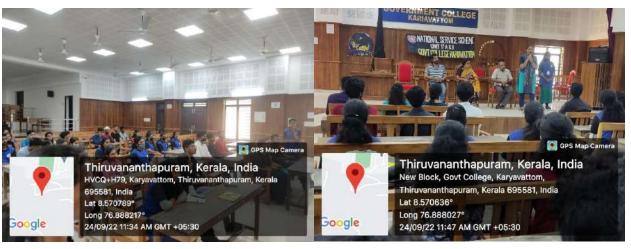


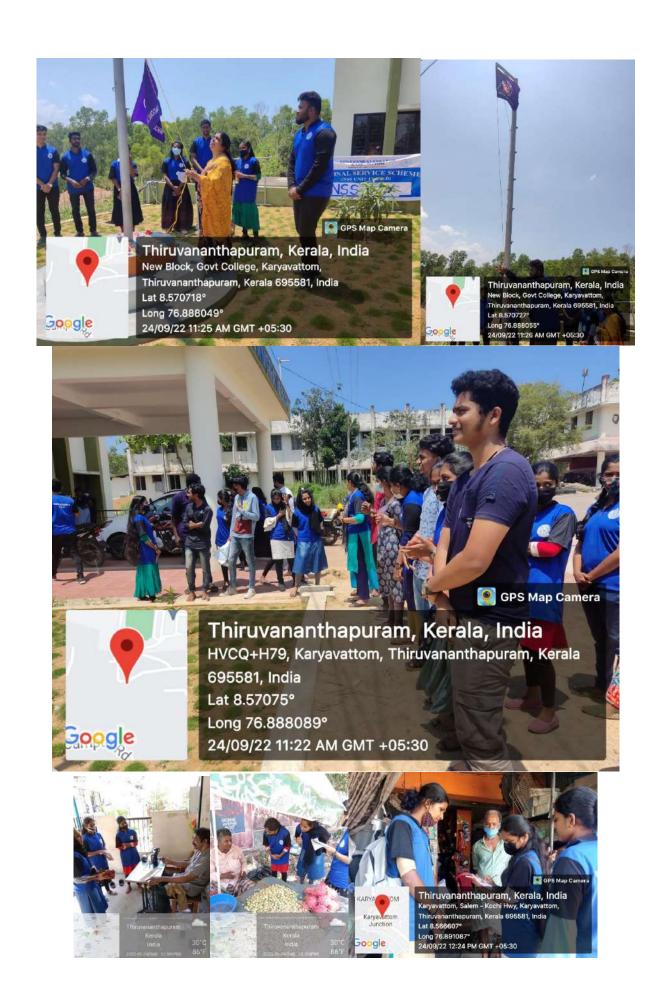


Magazine release, as Editor of Magazine

NSS day 24th Sep 2022: NSS Flag hoisting. Meeting of volunteers and PO. Palpayasam was prepared by volunteers and distributed to all shopkeepers in Kariavattom. Project titled "Know your Neighbourhood". Volunteers were divided into four groups. They identified an area of project, that can be conducted in the community, around the college.













Clean India program 10th Oct 2022: Campus cleaning from 10th Oct



Cleaning of roadsides from college till Kariavattom junction

Thiruvananthapuram



14th Nov 2022







8th Dec 2022



12th Dec 2022 (plastic collection from rest area)



23rd Feb 2023



Flash mob 4th Nov 2022 at Madhava vilasom Higher Secondary School, on social stigma faced by Transgender community





CHC Puthenthope meeting 7th Nov 2022: Dr. C. R. Dhanya attended a meeting organised by CHC Puthenthope, that addressed outbreak of dengue. After the meeting, it was decided that an awareness class on the same would be conducted for NSS volunteers. And after that volunteers will be spreading awareness in the participative village.





Awareness on dengue outbreak and vector control, in participative village

14th Nov 2022









16th Nov 2022









5th Dec 2022



Pre-RD selection: **29**th **Oct 2022**: Selection of volunteers for Pre-RD was conducted in our college. Volunteers made necessary arrangements for the same. Dr. Dhanya was part of the interview board for selection of Pre-RD candidates.





Childrens day celebration 14th Nov 2022: Volunteers visited Anganwadi at Ulloorkonam, distributed sweets and story books. Volunteers interacted with the children at Anganwadi







Nature camp: 18th Nov 2022. Around 50 volunteers along with NSS POs visited Pechipara Wildlife Sanctuary. Nature club convener and Jeevani Psychologist also accompanied. Volunteers went for trekking and on the way forest authorities detailed about the indigenous plants and trees of the forest. They also explained about the animals and birds. Forest warden Sri Shani gave an awareness class on the significance of wildlife sanctuary. There was a film show on wildlife sanctuaries of Kerala

















Volunteer selection 25th Nov 2022 for 2022-24 enrolment







2nd dec 2023: Orientation class for 2022-24 batch: class taken by 2021-23 batch leaders



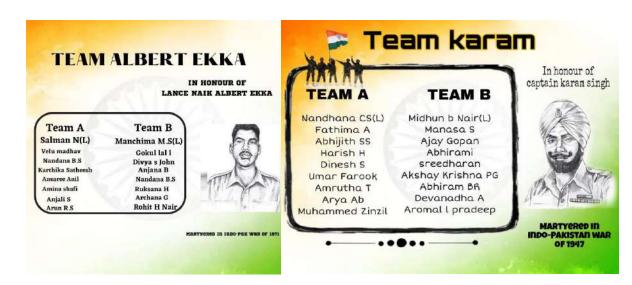


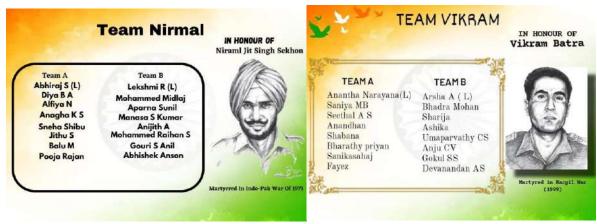
Orientation class, 16th Dec 2022, by Sri Brahmanayakam Mahadevan





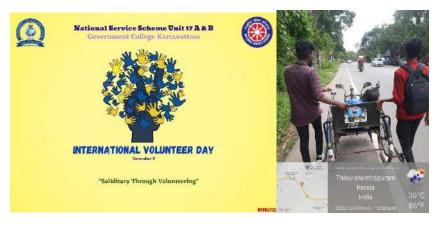
Groups of 2022-24 enrolled Volunteers (100 numbers): Named after Martyrs







Volunteers day: 5th Dec 2023: Volunteers were grouped into 6 and each group was asked to take up any project. Group 1 brought items of first aid box for NSS room. Group 2 rural house situated in Karyavattom–Chenkottukonam road and cleaned the yard of the house with bleaching powder and given them another packet of bleaching powder for further use. Group 3 visited "C H Mohammed Koya Memorial State Institute For The Mentally Challenged" which is located near the Pangappara Health Centre. Group 4 did cleaning of rest area. Group 5 collected an amount of Rs. 541/- and bought a dustbin for plastic disposal. Group 6 visited a children's daycare named 'we care' near Karyavattom Govt college, gave them gifts and interacted with the children.





Disaster management training 15th Dec 2022: Mohammad Raihan.s, B.Bhadra mohan, Dinesh.S participated in disaster management training organaized by Sannadhasena, Directorate and District Disaster management authority, held at Thiruvananthapuram collectorate.



National Youth Festival (12th to 16th Jan 2023): Dr. C. R. Dhanya was the Contingent leader for accompanying volunteers of University of Kerala and CUSAT to participate in National Youth Festival held at Dharwad, Karnataka.







Volunteers of University of Kerala and CUSAT in Regional attire







Attending National Yogathon





National Youth Day: 12th Jan 2023 Rally and talk on responsibility and significance of Youth









Dog Survey: 14th Jan 2023 Seven volunteers attended a workshop on Dog Population management Survey training class, organised by Dr. Karlette Anne Fernades, WVS Goa Director of Animal Welfare and CAWA organisaton, held at Trivandrum Corporation, on Workshop

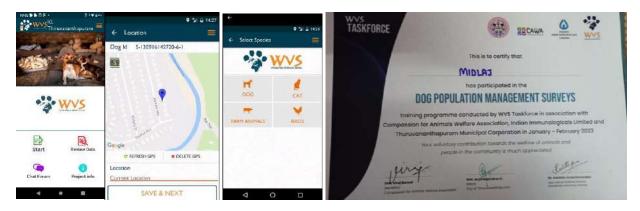




19th Jan 2023: A workshop on conducting dog survey was organised by the same team for NSS volunteers and Students of Geography department.



Volunteers then conducted dog survey for a month in Thiruvananthapuram city using WVS app. They received certificate for the same.



26th Jan 2023: Republic day: Cultural program, quiz was organised



National Youth Parliament Festival: 4th Feb 2023, two volunteers attended. "Ideas for a Better tomorrow: India for the World" organized by Nehru Yuva Kendra at Palayam,TVM.



Training on Palliative Care: 8th Feb 2023 4 volunteers attended.



15th Feb 2023: Hope Cancer care foundation: Volunteers distributed flyers across the district and created awareness about cancer among the public. They also collected a fund amount of Rs. 22250/-. An online class on pediatric cancer was also given to volunteers.





22nd Feb 2023: Dr. C. R. Dhanya attended Azad Sena workshop on Anti-drug activities that is to be conducted in Trivandrum





25th Feb 2023: Visit to Vanitha Battalion, Menamkulam. Volunteers visited the battalion. Authorities described about the working of the battalion and showed them the ammunition. Post lunch, volunteers cleaned premises of the battalion. Volunteers were also given orientation regarding career opportunity in Police force



























27th February 2023: 11 volunteers attended G 20 Presidency of India.





Ameen Parisa Siddique was selected to National Integration Camp (3th to 10th March 2023) held in Andhrapradesh



Free Eye checkup camp: 20th March 2023 by Sri Paadam Eye Care centre, TVM.









Survey 28th March 2023: Survey of Youth not in Formal Education or Regular Employment, initiated by Central Govt.. 15 volunteers conducted survey in 100 households in Kariavattom.











16th May 2023. Capacity building programme on decentralized waste management in coastal area. Volunteers participated in programme organised by ECOMARINE Project and Department of Aquatic Biology and Fisheries, University of Kerala, Suchitwa Mission, Bring Back Green Foundation, and Dolphods Foundation on the topic "CAPACITY BUILDING PROGRAMME ON DECENTRALIZED WASTE MANAGEMENT IN COASTAL AREA" at Kariavattom campus on. Discussed about waste management in coastal area.



20th May 2023. Volunteers conducted a survey in the wards of Valiyathura and Bimapalli areas for two weeks. The survey examined the waste management capacity and whether they give waste to Haritha Karma Sena of Haritha Kerala Mission.



Kazhakootam Job Fest 2023 on **27th May 2023**, Volunteers helped in conduct of a mega Job Fair, organized by the Constituency MLA Kadakampallu Surendran held at Kazhakootam Al Saj Convention center.

