

EXTENSION ACTIVITIES

FIT INDIA MOVEMENT PROGRAM

As a part of FIT INDIA MOVEMENT PROGRAM directed by Minister of Youth Affairs and sports, NSS units of Government college Kariavattom also conducted few activities in the college. The activities were inaugurated by Smt Jaya AS, Vice Principal and Dr. Rajeev Kumar, Asst Professor in Physical Education deliver a talk about fitness and health. A pledge about mental and physical health and its importance to human life was delivered by Dr. Raghul Subin S, Program Officer, NSS Unit 17 A and B. After the function a Walkathon of about 5 km was organized which including all the NSS volunteers and other students of college.



“PALAYANAM 2020”-KERALA UNIVERSITY YOUTH FESTIVAL 2020

Kerala University Youth Festival 2020 titles Palayanam 2020 were held from 02/03/2020 to 07/03/2020. The Main stage which includes the stage for inauguration, main events and valedictory function were scheduled in the Government College Kariavattom. Over 5000 students from more than 250 colleges were participated in this event. The program was inaugurated by Dr. KT Jaleel, Minister of Higher Education, Government of Kerala on 02/03/2020. There were five stages in our campus including the main stage. Considering the conductance of major event, NSS volunteers were actively engaged in cleaning, plastic removal and beautification of college campus prior to the event on 28/02/2020. NSS units also put plastic bins in front of each stages and volunteers effectively removed the food and other wastes during the event days. Our volunteers were actively participated in the effective conductance of the events. On 06/03/2020 our volunteers were did grouped in batches and perform campus cleaning after the event by removing plastic and food wastes and also helps to rearrange the classroom things in order.



PUBLIC PLACE CLEANING

VENUE - GOVERNMENT LPS CHENKOTTUKONAM

The main activities undertaken was cleaning, beautification and setting up of a Garden in a public institution nearer to college- Government LPS Chenkottukonam. The activities were carried out by nearly 100 volunteers along with members of College Union of our college. NSS program Officers, Dr. Raghul Subin S and Smt Sunitha S along with IQAC coordinator Dr. Sabeen HM were actively engaged in this program. The upgradation of this lower primary school is very important and this is one of the kind which provides best and free education for the poor and needy public of the surrounding area. The necessity of keeping the surrounding of school is important as several alarming incidents which includes snake bittings were reported in the public places like schools. The service of NSS volunteers was very useful to this public institution and it provided opportunity to the students to interact with the ailing community. The student volunteers cropped the grasses , removed plastic wastes and cleaned the premises of the school and planted some flowering plants. The volunteers also cleaned the premises of the college during the camp. The students got kind help from the school authorities to carried out our activities.









