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## **BRIEF REPORT OF THE ACTIVITIES OF DEPARTMENT OF PHYSICAL EDUCATION- 2022-23**

Department of Physical Education has been providing opportunity for the all-round development of students. The department has specific plans for creating awareness about health and fitness. The department conducted coaching camps in different games/sports in a view to prepare the college teams for various intercollegiate Championships. Special care was taken for Fitness development, general and specific skill development, Psychological preparation etc for acquiring positions in the inter collegiate tournaments, The department holds responsibility in providing adequate playing kits and uniforms for the participants of these Tournaments.

The department offering Open Course in Physical Education (Health and Fitness Education PE 1551)

## MAJOR ACTIVITIES

### LIST OF COACHING CAMPS CONDUCTED DURING 2022-23

Sl No	Games/events
1	FOOTBALL MEN
2	SQUASH
3	CRICKET MEN
4	FENCING MEN
5	FENCING WOMEN
6	CHESS MEN
7	CHESS WOMEN
8	HANDBALL MEN
9	ROLL BALL MEN
10	AMERICAN FLAG FOOTBALL MEN

## ACHIEVEMENTS OF GOVERNMENT COLLEGE KARIAVATTOM IN THE YEAR 2021-22

### TEAM ACHIEVEMENT IN KERALA UNIVERSITY INTER COLLEGIATE COMPETITIONS

Sl No	Name of the Tournament	Game/ event	Position
1	KERALA UNIVERSITY INTER COLLEGIATE	FENCING MEN FOIL TEAM	SECOND
2	KERALA UNIVERSITY INTER COLLEGIATE	FENCING MEN EPEE TEAM	THIRD
3	KERALA UNIVERSITY INTER COLLEGIATE	FENCING MEN SABRE TEAM	THIRD
4	KERALA UNIVERSITY INTER COLLEGIATE	FENCING WOMEN EPEE TEAM	THIRD
5	KERALA UNIVERSITY INTER COLLEGIATE	POWERLIFTING (WOMEN)	THIRD
6	KERALA UNIVERSITY INTER COLLEGIATE	SQUASH WOMEN	FOURTH
7	KERALA UNIVERSITY INTER COLLEGIATE	ROLL BALL WOMEN	FOURTH

### INDIVIDUAL ACHIEVEMENT- ALL INDIA INTERUNIVERSITY PARTICIPATION

SL NO	NAME	CLASS	ACHIEVEMENT	EVENT	POSITION
1	AIWIN C BAIJU	I BSc Statistics	ALL INDIA INTER UNIVERSITY	ROLL BALL	THIRD
2	ARAVIND K	III BSc Statistics	ALL INDIA INTER UNIVERSITY	ATHLETICS	Participation
3	AFREEN MOHAMMED.S	I BSc Industrial Chemistry	ALL INDIA INTER UNIVERSITY	TAEKWONDO	Participation
4	ADHARSH V R	II BSc Industrial Chemistry	ALL INDIA INTER UNIVERSITY	FENCING	Participation
5	GOWRI NAIR	II BSc Geography	ALL INDIA INTER UNIVERSITY	POWER LIFTING	Participation
6	SURYA SANTHOSH	II BSc Geography	ALL INDIA INTER UNIVERSITY	CYCLING	Participation

INDIVIDUAL ACHIEVEMENT- ALL INDIA INTERUNIVERSITY PARTICIPATION

SL NO	NAME	CLASS	GAME/EVENT	POSITION
1	AFREEN MOHAMMED.S	I BSc Industrial Chemistry	TAEKWONDO U54KG category	GOLD
2	RAISON RENNY PHILIP	III BSc Industrial Chemistry	POWERLIFTING 105KG category	GOLD
3	ARJUN A J	III BSc Statistics	POWERLIFTING 93KG category	BRONZE
4	GOWRI NAIR A	II BSc Geography	POWERLIFTING(W) 84KG category	SILVER
5	ANAKHA A S	II BSc Biochemistry	POWERLIFTING (W) 63 KG Category	SILVER
6	JEYAHARI	II BSc Industrial Chemistry	BOXING MEN 52 KG Category	SILVER
7	PRANAV R SUBIN	IBSc Bio Technology	BOXING MEN 56 KG Category	BRONZE
8	ABIN SEKHAR	I BSc Geography	CYCLING 4KM Individual Pursuit race	BRONZE
9	RAISON RENNY PHILIP	III BSc Industrial Chemistry	WUSHU 90 PLUS KG category	SILVER
10	GOWRI NAIR A	II BSc Geography	Weight lifting (W)87 KG category	SILVER
11	ANAKHA A S	II BSc Biochemistry	Weight lifting (W)i 64KG category	BRONZE
12	JEYAHARI	II BSc Industrial Chemistry	WUSHU MEN 52 KG Category	SILVER

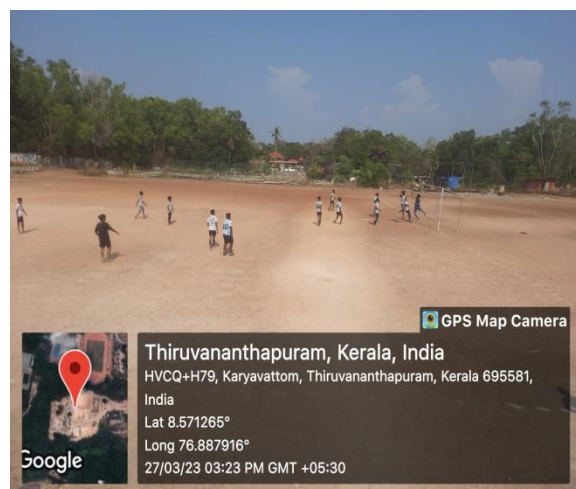
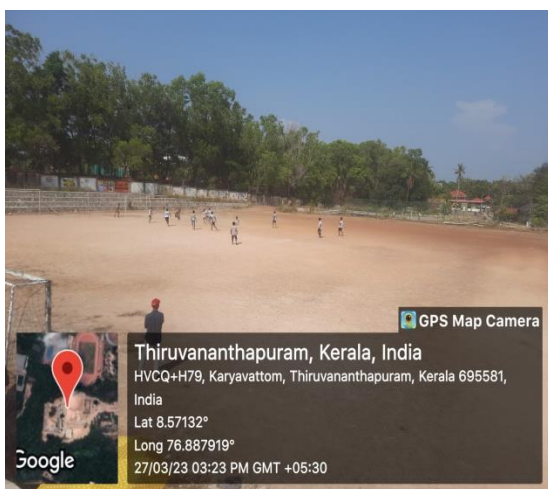
## INTRAMURAL COMPETITIONS IN 2022 -23

. Department of physical education along with sports club of the college conducted various intra mural competitions in a view to provide opportunity for the large number of students to participate various sports activities. The competitions conducted during the month march 2023

1. Football Men
2. Cricket Men
3. Badminton (Men)
4. Badminton (Women)
5. Table tennis Men
6. Table tennis Women
7. Chess Men
8. Chess Women
9. Volley ball (Men)

### INTRAMURAL FOOTBALL

Intramural competitions in the game football conducted in a befitting manner. Department of Chemistry and Industrial Chemistry became the champions in the game football by defeating department of Physics and Computer Applications in the finals (1-0). Department of Geography secured third place.



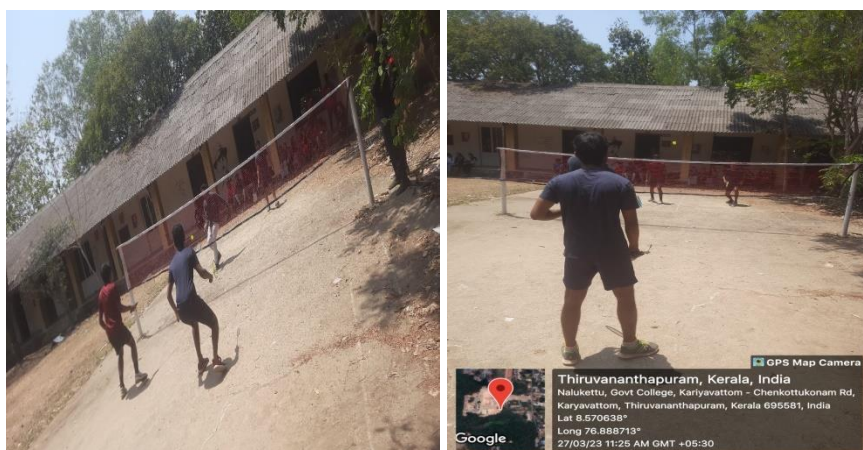
## INTRAMURAL CRICKET MEN

Intramural Cricket Men Tournaments was conducted at our college during the last week of march 2023. PG Department became the Champions by defeating Department of Chemistry and Industrial Chemistry in the finals .



## INTRAMURAL BADMINTON MEN AND WOMEN

Intramural championship in the game Badminton conducted at the last week of March 2023, Department of Physics and Computer Applications became the champions, Combined PG department became Runner Up and Chemistry and Industrial Chemistry was placed third. In the Women category department of Biotechnology secured first and Department of Physics and Computer Application became the Runner Up.



## INTRAMURAL TABLE TENNIS MEN AND WOMEN

More than twenty students participated in the Table tennis Men category. ASWIN S from Industrial Chemistry emerged as the winner by defeating MOHAMMED ILHAN of III BSc Biotechnology. Mr.Ajay Gopan from I BSc statistics secured third. In the women

category Banazir.M of III BSc Biotechnology secured first ,Anooja II BSc statistics placed second and Nandana.P II BSc Chemistry and Industrial Chemistry Won third,



### INTRAMURAL CHESS MEN AND WOMEN

Students of this institution enthusiastically participated in the intramural chess competition conducted at our College. Aravind.J.A of III BSc Computer science secured first. Sudhiraj.S.S of I BSc Computer Science placed Second. In the women category Dalia Heric of II BSc Chemistry and Industrial Chemistry won first and Nandana. P of II BSc Chemistry and Industrial Chemistry placed second.



### INTRAMURAL VOLLEY BALL MEN

Intramural championship in the game Volley ball Men conducted at our college Volley ball court , Department of Physics and Computer Application became the champions and department of Statistics became the Runner Up.



The main purpose for conducting intramural competitions in games and sports are to create awareness among students about games and sports and also to identify the best performers for the future purpose. Intramural competitions are planned in such a way to get opportunity for the students to organize competitions under the supervision of department of Physical Education. Another purpose of organizing tournaments are to get opportunity to learn about latest rules about games and sports.