



**NATIONAL SERVICE SCHEME
UNIVERSITY OF KERALA**

**NSS UNIT No. 17A & 17B
GOVERNMENT COLLEGE, KARIAVATTOM
THIRUVANANTHAPURAM**



ANNUAL REPORT

2020-2021

REPORT OF NATIONAL SERVICE SCHEME UNITS

(2020-2021)

NSS Unit No. 17A & 17B

GOVT. COLLEGE, KARIAVATTOM

THIRUVANANTHAPURAM

Introduction

The National Service Scheme is an educational programme. It is an Indian Government sponsored public service programme conducted by the Ministry of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's birth centenary year in 1969. Aimed at student's personality through community service, NSS is a voluntary organization of young people in colleges, universities and at +2 level working for a campus -community linkage.

The overall aim of NSS is to give an extension dimension to the higher education system and orient the student youth to community service while they are studying in educational institution. Thus the goal of NSS is education through community service. Its motto or watch word is NOT ME BUT YOU. Its symbol is based on the 'Rath wheel' of the Konark Sun Temple situated in Orissa. NSS was formally launched on 24th September, 1969. Therefore, 24th September is celebrated every year as NSS Day with appropriate programmes and activities.

NSS is a unique movement which aims at the physical, mental and spiritual development of the young students. By cultivating a sense of duty, cooperation and self-help in the children, the NSS helps the youth of tomorrow in such a way that they become active participants of our nation-building efforts at different levels. After almost seven decades of our independence, we have made tremendous material progress and consolidated our country. But we feel disheartened to see the decline of standard of behavior in public life. One should understand the real situation in the community while doing education. All the positive qualities should be developed by the youth during education.

The NSS has arrived in the 21st century with new challenges. Starting with 40,000 volunteers in 37 universities, it has now more than 3.8 million volunteers. When we are entering the golden jubilee year, the organization has faced and survived many challenges. The problems of resource support, recognition, rewards and incentives to sustain the spirit of volunteerism

are some of the critical issues in a globalised modern world. The conventional nature of NSS has been drastically changed from manual work to an intellectual activity with a view to achieve sustainable development of the society.

Government College, Kariavattom is at Kariavattom within the Kazhakuttom Ward of Thiruvananthapuram Corporation and is nearly 14 kms north of Thiruvananthapuram City. The college is situated North of the Kazhakuttam-Sreekaryam Highway and is about 400m from Kariavattom junction towards the Chenkottukonam road. The College is encircled by the Kerala University Campus on the South, the Green Field International Stadium on the West and the Lekshmi Bhai National College of Physical Education on the North.

The College was initially started during the year 1993 as the Annex of the undergraduate wing of the University College, Thiruvananthapuram. Later during 1997 these courses were shifted back and the college was renamed as Government College, Kariavattom and introduced under-graduate courses in the Choice Based Credit and Semester Scheme (CBCSS) of the University of Kerala. Now the College is having seven under-graduate and two post-graduate courses. The courses offered at the college are **B.Sc. Biochemistry, B.Sc. Biotechnology, B.Sc. Chemistry and Industrial Chemistry, B.Sc. Computer Science, B.Sc. Geography, B.Sc. Physics and Computer Application, B.Sc. Statistics, M.Sc. Mathematics and M.Sc. Physics.** The College is affiliated to the University of Kerala and is accredited by the **National Assessment & Accreditation Agency (NAAC) with B Grade.**

The NSS activities have been divided in to two major groups- Regular activities and Special Camping programme. A volunteer has to complete 240 hours of regular activities during a period of two years and participate in a seven days camp. Globally all the life activities were changed due to the severe attack of Covid -19. During this pandemic condition, hardly 2 weeks can be utilized for regular classes. People allover the world found alternative to cope up with this very unusual condition. After some initial struggling due to this very unnatural situation, NSS unit of our college also start activities which mainly utilizing the virtual mode of communication. This time as per the instructions from the NSS cell of University of Kerala, Special Annual Residential Camp were done in online mode considering this special situation. Despite the personal interactions, all the activities were successfully implemented to inculcate the mental well being and personality development of volunteers. Two NSS units are actively working in the Government College Kariavattom in the midst of hectic schedule of teaching-learning process on the basis of Choice Based Credit and Semester System.

REPORT OF IMPORTANT ACTIVITIES DURING 2020-21

1. ENVIRONMENTAL DAY CELEBRATIONS ON 5TH JUNE 2021 AND INAGURATION OF HARITHALAYAM PROJECT

As part of HARITHALAYAM PROJECT, an inaugural function of the **Harithalayam project** on 5th June 2020 implemented by the University of Kerala were carried out in Government College Karyavattom.

The function was inaugurated by Prof. Jaya A.S., Principal in charge, Government College Kariavattom by planting a sapling. Dr. Baiju S, PTA secretary and Asst. Professor, Dr. Sabeen HM, Senate Member and IQAC co-ordinator, Dr. Raghu Subin S, Program Officer, NSS Unit17 A and B and other faculty members were participated in the function. Considering COVID-19 strict regulations from Government of Kerala, no students can join the function in person.



Fig: Planting of Sapling by Prof. Jaya A.S., Principal in charge, Government College Kariavattom as part of inauguration of **Harithalayam project** on 5th June 2020

Due to covid pandemic restrictions, function was inaugurated without student volunteers. The project planned to implement after regular functioning of college. The project is to plant at least 50 numbers of plant sapling in and around campus. A campaign already implemented by the volunteers at home by continuously plant sapling from 29/04/2020 to 05/05/2020 as a part of PARITHRANAM PROJECT.



Fig: Plating of Sapling by Dr. Sabeen HM., IQAC Co-ordinator and Senate Member, Government College Kariavattom.

2. PARITHRANAM CAMPAIGN

PARITHRANAM CAMPAIGN aimed at planting tree sapling for seven days continuously from 29 May 2020 to 05 June 2020 as a part of nature restoration program by NSS cell, University of Kerala.

As per the instruction from the NSS Section, University of Kerala, NSS volunteers of NSS Unit 17 A & B planted saplings in their home in relation to environmental day observances. Due to the spread of COVID 19, NSS volunteer's celebrated environmental day at home from 29/04/2020 to 05/05/2020. This campaign allows volunteers to participated with their family members and they actively participated in this activity.



The biggest plant drive week
challenge of
University of Kerala

പരിത്രണം

"മാതവംശത്തിന്റെ നിലനിൽപ്പ്
പ്രകൃതിയിലൂടെ"



29/05/2020
5pm



30/05/2020
4:30 pm



01/06/2020
8Am



31/05/2020
4:45pm

Nighitha TN
II BSc Biochemistry



02/06/2020
5:30pm



03/06/2020
4:45pm



05/06/2020
8:30Am



04/06/2020
8:30Am



MAY 29th - JUNE 5th

GOVERNMENT COLLEGE KARIAVATTOM



MAY 29th - JUNE 5th



Ganga Prasad
I BSc PCA



The biggest plant drive week
challenge of
University of Kerala

പരിത്രാണം

"മാനവവംശത്തിന്റെ നിലനിൽപ്പ്
പ്രകൃതിയിലൂടെ"

GOVERNMENT COLLEGE KARIAVATTOM



MAY 29th - JUNE 5th



Smrithi
I BSc IC



The biggest plant drive week
challenge of
University of Kerala

പരിത്രാണം

"മാനവവംശത്തിന്റെ നിലനിൽപ്പ്
പ്രകൃതിയിലൂടെ"

GOVERNMENT COLLEGE KARIAVATTOM



MAY 29th - JUNE 5th



Husna
I BSc PCA



29.05.2020
3:55 PM
Ambadi Udayakumar



Husna
I BSc PCA

പരീക്ഷാ സേവാ യोजना
NATIONAL SERVICE SCHEME

The biggest plant drive week
challenge of
University of Kerala

പരിരാണം

"മാനവവംശത്തിന്റെ നിലനിൽപ്പ്
പ്രകൃതിയിലൂടെ"

GOVERNMENT COLLEGE KARIAVATTOM



The biggest plant drive week challenge of University of Kerala

പരിത്രാണം

"മാനവവംശത്തിന്റെ നിലനിൽപ്പ് പ്രകൃതിയിലൂടെ"



MAY 29th - JUNE 5th

Mythili
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



Gopika
II BSc Biochemistry



*The biggest plant drive week
challenge of
University of Kerala*

പരിര്രാണം

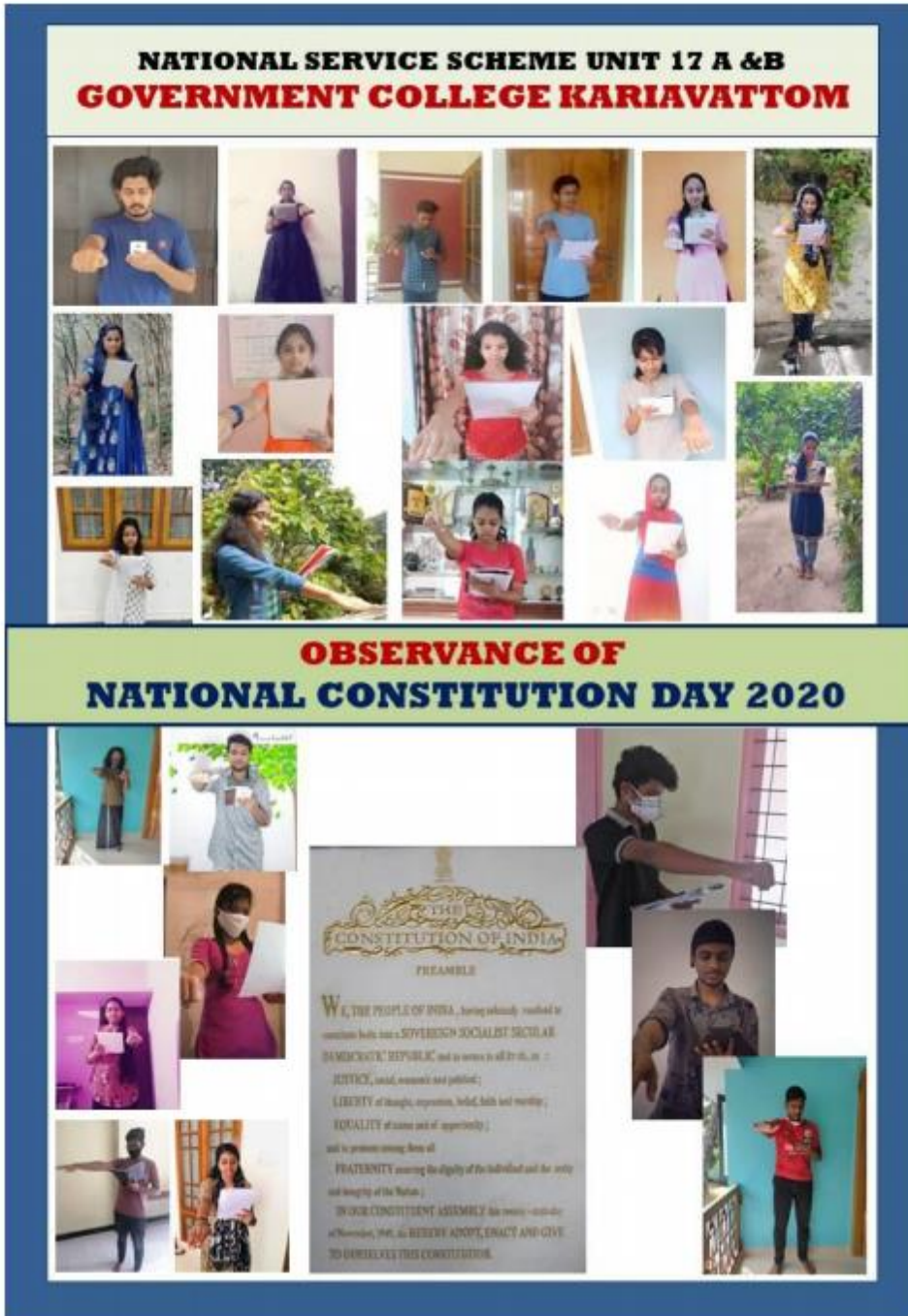


MAY 29th - JUNE 5th

GOVERNMENT COLLEGE KARIAVATTOM

3. OBSERVATION OF NATIONAL CONSTITUTION DAY

Constitution day was observed in virtual mode by volunteers by reading the preamble of Constitution on 26th November 2021. A total of 180 students were participated in this event.



**NATIONAL SERVICE SCHEME UNIT 17 A & B
GOVERNMENT COLLEGE KARIAVATTOM**



THE CONSTITUTION OF INDIA

PREAMBLE

WE, THE PEOPLE OF INDIA, having solemnly resolved to combine into a SOVEREIGN SOCIALIST SECULAR DEMOCRATIC REPUBLIC, and to secure to all its citizens:

- JUSTICE, social, economic and political;
- LIBERTY of thought, expression, belief, faith and worship;
- EQUALITY of status and of opportunity;

and to promote among them all FRATERNITY assuring the dignity of the individual and the unity and integrity of the Nation.

IN OUR CONSTITUENT ASSEMBLY this twenty-ninth day of November, 1949, do hereby ADOPT, ENACT AND GIVE TO OURSELVES THIS CONSTITUTION.

**OBSERVANCE OF
NATIONAL CONSTITUTION DAY 2020**



4. WEBINAR TITLED COVID PANDEMIC AND RELATED HEALTH ISSUES

Organizers : NSS Unit 17 A& B, Government College Kariavattom

&

Department of Physical Education, Government College Kariavattom

Main Speaker: Dr. Reshma Ramesh
(Medical College Unit, Pangappara)

Inauguration: Dr. Krishnan Kutty K (Principal, GCK)

Faculties involved in organizing the Event-

- Dr. Rajeev Kumar (Asst Professor, Physical Education, GCK)
- Dr. Raghul Subin S (NSS Program Officer, GCK)
- Smt Sunitha S (NSS Program Officer, GCK)
- Dr. Sabeen HM (IQAC Cordinater, GCK, Assistant Professor in Geology & Senate Member, University of Kerala)
- Smt Jaya AS (Vice Principal, GCK)

Vote of Thanks – Ganga Prasad (NSS Leader, NSS Unit, GCK)

Number of participants - 90

Platform used – Google meet

Date and Time - 26/11/2020 (2.15 pm onwards)

Duration - 100 minutes



NATIONAL SERVICE SCHEME

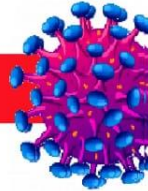
UNIT NO 17 A&B

DEPARTMENT OF PHYSICAL EDUCATION

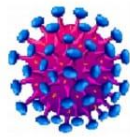
Jointly organising



WEBINAR ON



“Covid Awareness”



speaker

Dr. Reshma Ramesh
(Medical College Unit,
Pangappara)



@bhi

on 26/11/2020
Thursday 2.15 pm
on google meet

GOVT : COLLEGE KARIAVATTOM



Fig: Invitation for the webinar on COVID PANDEMIC AND RELATED HEALTH ISSUES organized by NSS Unit 17 A&B and Department of Physical Education, Government College Kariavattom

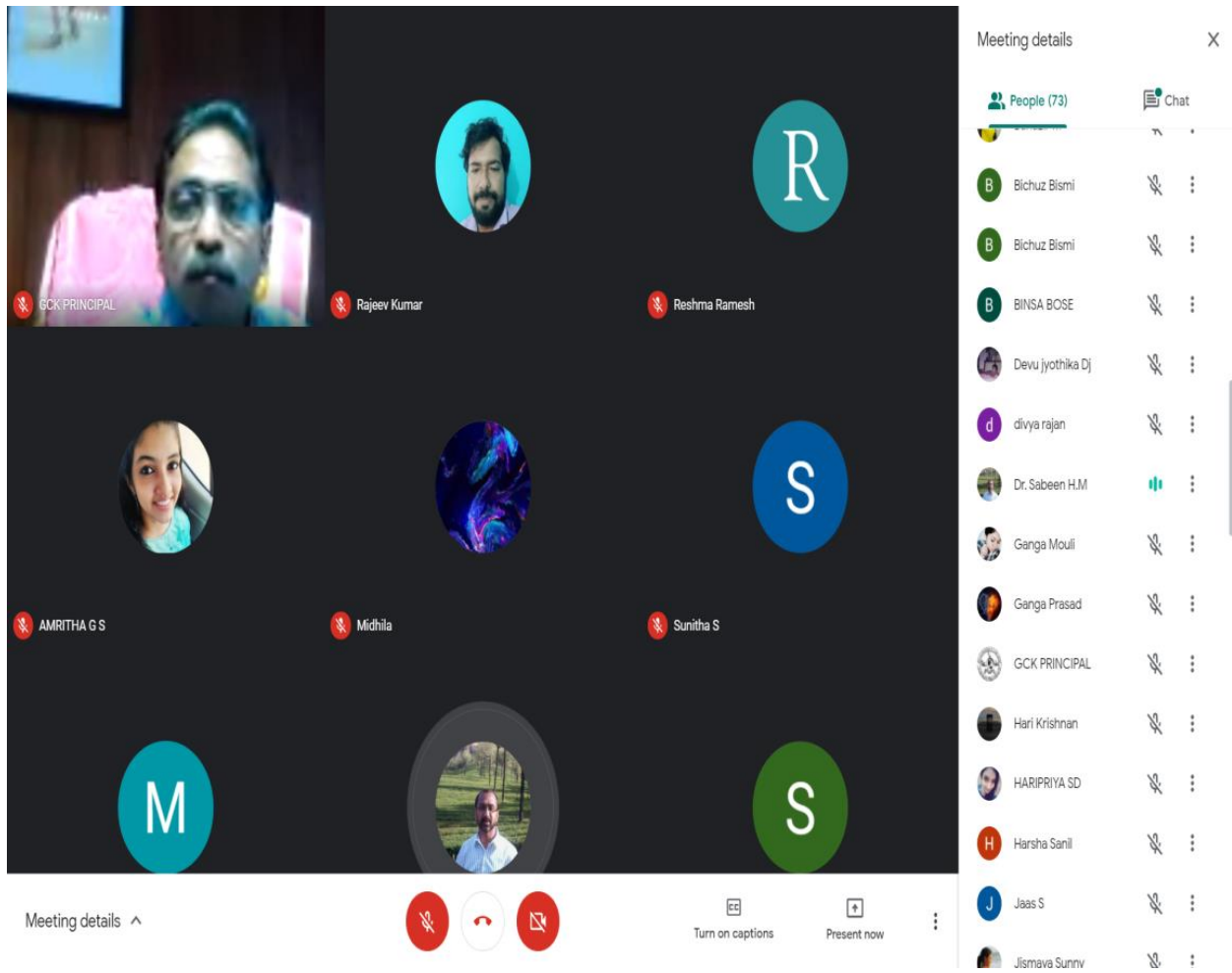


Fig: Screenshot of inauguration speech of webinar- COVID PANDEMIC AND RELATED HEALTH ISSUES by Dr. Krishnankutty, Principal, Govt. College Kariavattom

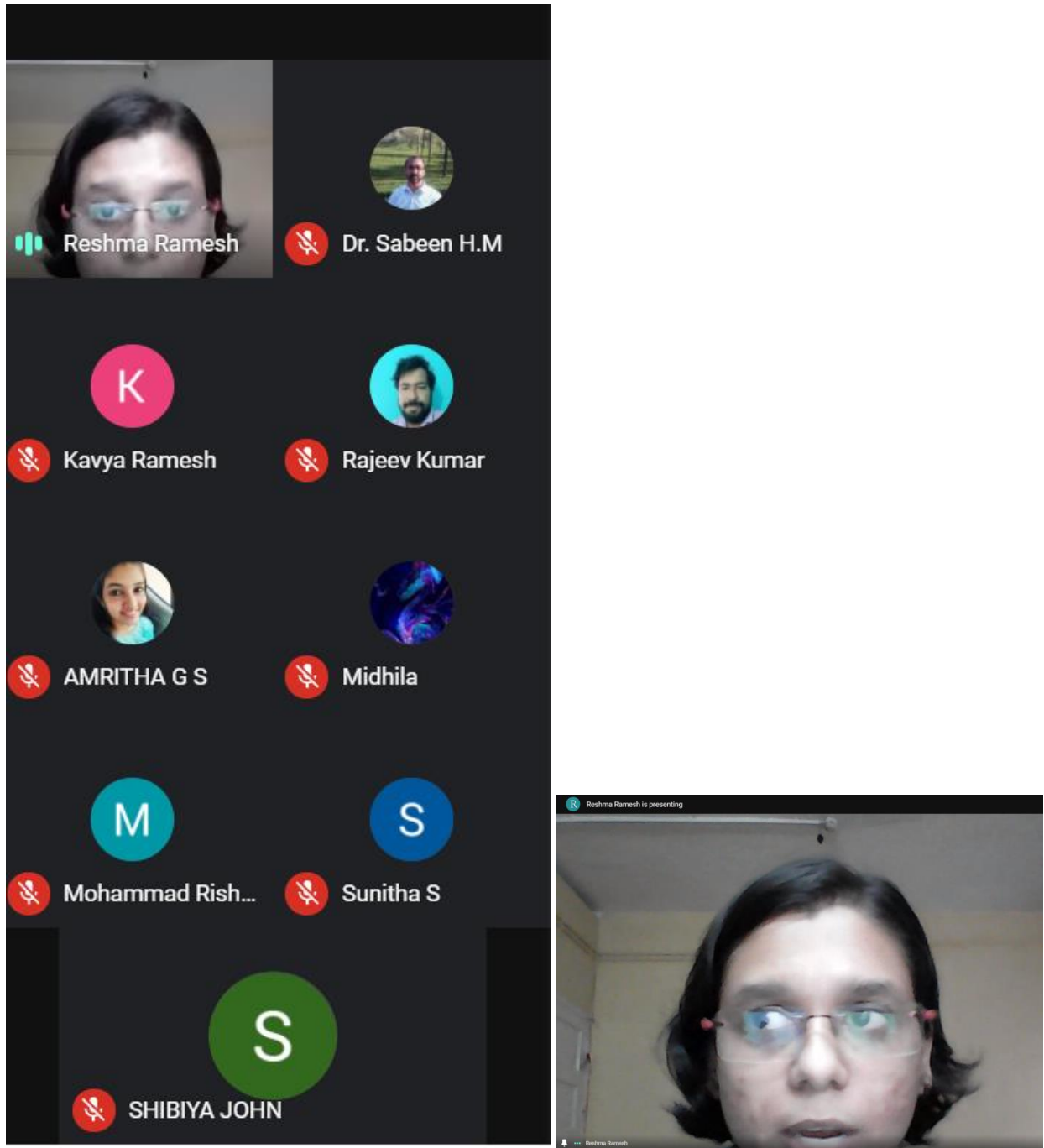


Fig: Screenshot of talk of Speaker- Dr. Reshma Ramesh about COVID PANDEMIC AND RELATED HEALTH ISSUES to the students

5. OBSERVANCE OF WORLD MENTAL HEALTH DAY

World Mental Day was observed on 10/10/2020 with an online webinar

Webinar Title: YOUTH AND MENTAL HEALTH

Organizers: NSS Unit 17 A& B, Government College Kariavattom

**Main Speaker- Dr. PRAN NATH PS
(Psychologist)**

Inauguration - Dr. Krishnan Kutty K (Principal, GCK)

Faculties involved in organizing the Event-

- Dr. Raghul Subin S (NSS Program Officer, GCK)
- Smt Sunitha S (NSS Program Officer, GCK)
- Dr. Sabeen HM (IQAC Cordinator, GCK, Assistant Professor in Geology & Senate Member, University of Kerala)
- Smt Jaya AS (Vice Principal, GCK)

Vote of Thanks – Ganga Prasad (NSS Leader, NSS Unit, GCK)

Number of participants - 100

**Platform used – Google meet
(<https://meet.google.com/gsn-vibz-huo>)**

Date and Time - 10/10/2020 (5.00 pm)

Duration - 90 minutes

MENTAL HEALTH DAY

10 TH OCTOBER



WEBINAR

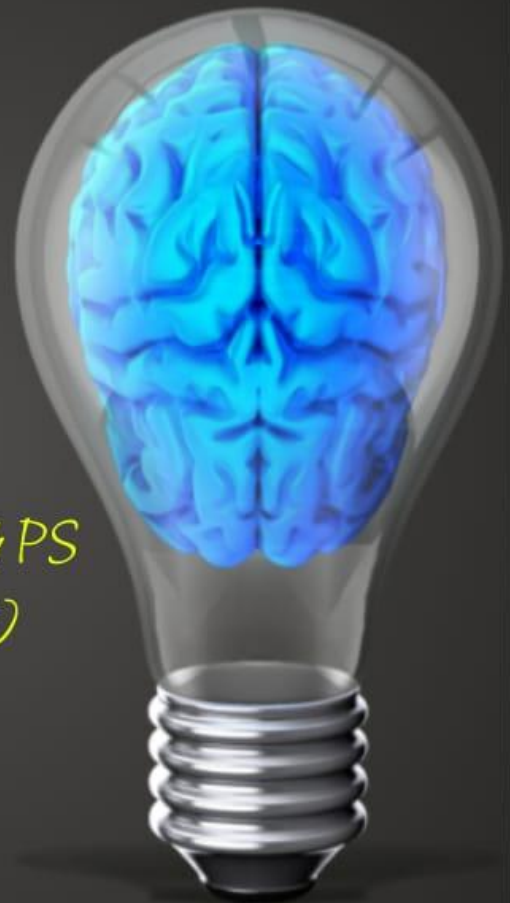
TOPIC

**"YOUTH AND
MENTAL HEALTH"**



*Dr. Pran Nath PS
(Psychologist)*

October 10, 5 pm
on
google meet



**NATIONAL SERVICE SCHEME
GOVT. COLLEGE KARIAVATTOM**

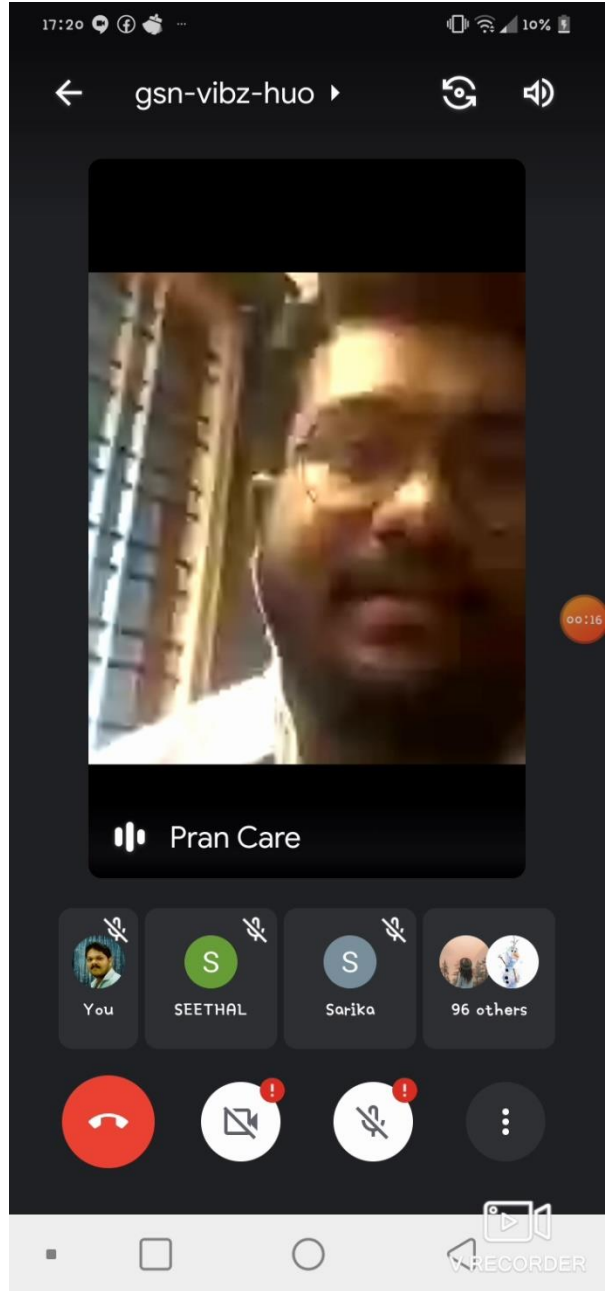
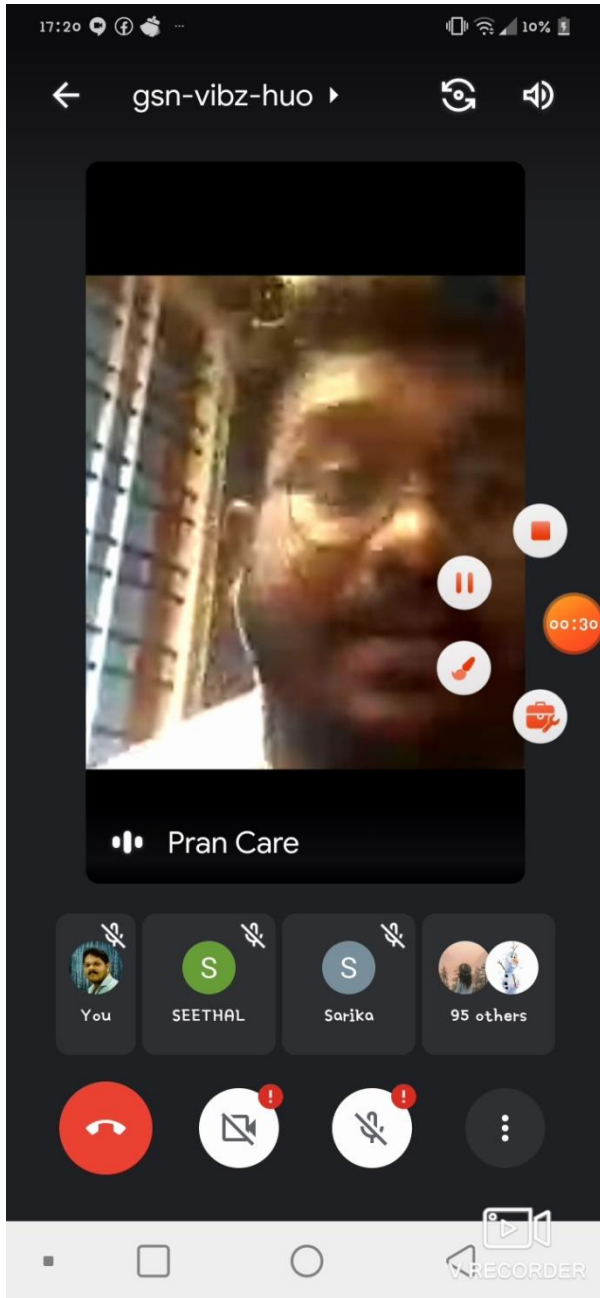


Fig: Screenshots of webinar – Youth and Mental Health organized by NSS Unit 17 A&B in relation with observance of World Mental Health Day 2020 on 10/10/2020.

Speaker- Dr. PRAN NATH

6. OBSERVANCE OF INDEPENDENCE DAY CELEBRATIONS 2020

Independence Day Celebrations 2020 was celebrated with conductance of online quiz competition among the volunteers.

Faculties involved in organizing the Event-

- Dr. Raghul Subin S (NSS Program Officer, GCK)
- Smt Sunitha S (NSS Program Officer, GCK)



Number of participants - 80

Platform used - Google form



Date and Time - 15th August 2020

- Participants who score 60% and above was provided with e-certificate through registered e-mail ID
- More than 80 students from various colleges were participate in this event
-



 **Independence Day**  wishes from
**Government college Kariavattom,
Thiruvananthapuram
NSS UNIT 17 A&17 B**

Dear all, 🙏


 We are delighted to announce that the
National Service Scheme of our college
organizes an **Online Quiz on account of
*"Independence day"** observance -2020
on  15th August 2020*.



 **No registration fee**


 Open to all

 Only **one attempt** will be allowed.

 Participants who **score 60% and above**
will receive  **E-certificate** through the
registered e-mail id .

 Kindly fill your details properly
otherwise it will be reflected in your
certificate.

 The link will be open on **15/8/2020**
from 8:00 AM to 12:00 PM 

 **Kindly circulate this information**
to all of your students, staff, faculties,
friends and encourage them to make use
of this opportunity

 For more details contact: [7293103531](tel:7293103531)

 With regards,

Mrs. Sunitha. S & Dr.Raghul Subin S
NSS Programme Officers, Govt. College
Kariavattom 

Sabarinath D & Nighitha.T.N
Volunteer Secretaries 

 **Happy Independence Day** 

7. GANDHI JAYANTHI CELEBRATIONS 2020

Activities : **1. Intercollegiate Elocution competition**

TOPIC- “Social Life During Corona and Influence of Virtual Life”

2. Inter Collegiate Quiz competition

THEME - “Life of Gandhiji”

Faculties involved in organizing the Event-

Number of participants - 200

Platform used:

Date - 15th August 2020

- More than 200 students from various colleges were participate in this event
- E-certificates were given to the winners



NATIONAL SERVICE SCHEME
UNIT NO 17 A & B

ELOCUTION COMPETITION

As a part of

OCTOBER -2

gandhi
Jayanthi
celebrations



TOPIC

*"Social life During Corona
Time and Influence of
Virtual Life"*



- Time limit- 3minutes
- Language -Malayalam

*all participants will get E certificates

send your videos via  group

for queries 8139046721
9567868698



GOVT:COLLEGE KARIAVATTAM

Fig: Poster of inter collegiate Elocution competition organized by NSS Unit, GCK in relation with Gandhi Jayanthi Celebrations 2020



Fig: Sample of E-certificates provided to the participants of intercollegiate quiz competitions organized by NSS Unit, GCK in relation with Gandhi Jayanthi Celebrations 2020

8. OBSERVANCE OF NSS DAY 2020

On 24th September 2020, NSS DAY 2020 was celebrated with the conductance of online mode **National Level Intercollegiate Craft Making competition. The competition were done in three catogories: Bottle Art**

Paper Craft
Waste material utilization

Faculties involved in organizing the Event-

- Dr. Raghul Subin S (NSS Program Officer, GCK)
- Smt Sunitha S (NSS Program Officer, GCK)

Volunteer Leaders : Sabarinath D (II BSc Geography)
Nigitha TN (II BSc Biochemistry)

Number of participants - 150

Date - 24/09/2020

- More than 150 students from various colleges were participate in this event
- E-certificates were given to the winners



- Paper crafts
- Bottle Arts
- Waste material crafts.

Entries accepted between 9am and 9pm on
24-09-2020.

Send ur entries to : 7293103531
6282937620 



NATIONAL SERVICE SCHEME
UNIT 17 A & B
GOVT:COLLEGE KARIAVATTAM

Fig: Invitation card for participants for ONLINE NATIONAL LEVEL CRAFT MAKING COMPETITION organized by NSS UNIT,GCK in relation with celebration of NSS DAY 2020

Warm greetings from '**NSS UNIT 17 A&B of *Govt. College Kariavattom,** Thiruvananthapuram Kerala. We are glad to inform you all that we are conducting an online '**NATIONAL LEVEL CRAFT COMPETITION Based on NSS**' as a part of **NSS DAY** . We heartly invite your entries for the programme .

The competition will be in three categories:
>Paper crafts
>Bottle art
>Waste material crafts

Topic: **NSS**

Open to all

RULES & REGULATIONS

- Any kind of craft works based on NSS using paper, waste materials, bottle art are allowed.
- Take a photo of your work and send without any editing.
- Dead line of this programme 24 September 2020 7.00pm
- Certificate of excellence will be awarded to the best craft works in each categories.
- Best will be announced on 24th September 8:30Pm.
- Details of the participants should be given along with your work.
- For further information about the program contact:[7293103531](tel:7293103531)

The following information must be included with the work :

Name, State, College Name, Whatsapp Number, E-Mail ID,Gender

For Entries Submission
Sabarinath D: [7293103531](tel:7293103531)
Nighitha T N: [6282937620](tel:6282937620)

NSS Programme Officers
Smt.Sunitha.S
Dr Radhul Subin S

Fig: Invitation for entry for ONLINE NATIONAL LEVEL CRAFT MAKING COMPETITION organized by NSS UNIT,GCK in relation with celebration of NSS DAY 2020- circulate by mail and whatsapp messages



Fig: Selected crafts from NATIONAL LEVEL CRAFT MAKING COMPETITION organized by NSS UNIT,GCK in relation with celebration of NSS DAY 2020

flower from dried banana leaf



*bottle art,craft using waste cloth
, thread*

Fig: Selected crafts from NATIONAL LEVEL CRAFT MAKING COMPETITION organized by NSS UNIT,GCK in relation with celebration of NSS DAY 2020

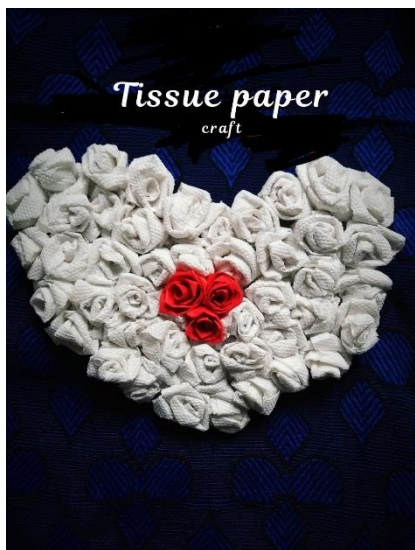


Fig: Selected crafts from NATIONAL LEVEL CRAFT MAKING COMPETITION organized by NSS UNIT,GCK in relation with celebration of NSS DAY 2020



Fig: Certificate for the winners for NATIONAL LEVEL CRAFT MAKING COMPETITION organized by NSS UNIT,GCK in relation with celebration of NSS DAY 2020

9. WEBINAR ON DISASTER MANAGEMENT

Main Speaker- Dr. Sarun S, Department of Geography, Sree Sankaracharya University of Sanskrit, Ernakulam

Inauguration - Dr. Krishnan Kutty K (Principal, GCK)

Faculties involved in organizing the Event-

- Dr. Raghul Subin S (NSS Program Officer, GCK)
- Smt Sunitha S (NSS Program Officer, GCK)

Vote of Thanks – Ganga Prasad (NSS Leader, NSS Unit, GCK)

Number of participants - 100

Platform used - Google meet

Date and Time - 24/12/2020 (05.00 pm onwards)

Duration - 80 minutes

webinar

DISASTER MANAGEMENT

speaker

Dr. Sarun S

(Assistant Professor in Geography
Department of Geography, Sree
Sankaracharya University of
Sanskrit, Cochin)

24/12/2020 വൈകുന്നേരം 3 മണിക്ക്

NATIONAL SERVICE SCHEME
ഗവണ്മെന്റ് കോളേജ് കാര്യവട്ടം

ശ്രീ 2 രാഗം

@bhi

Fig: Invitation for the webinar on **DISASTER MANAGEMENT** organized by NSS Unit 17 A&B, Government College Kariavattom.

Speaker- Dr. Sarun S, Department of Geography, Sree Sankaracharya University of Sanskrit, Ernakulam

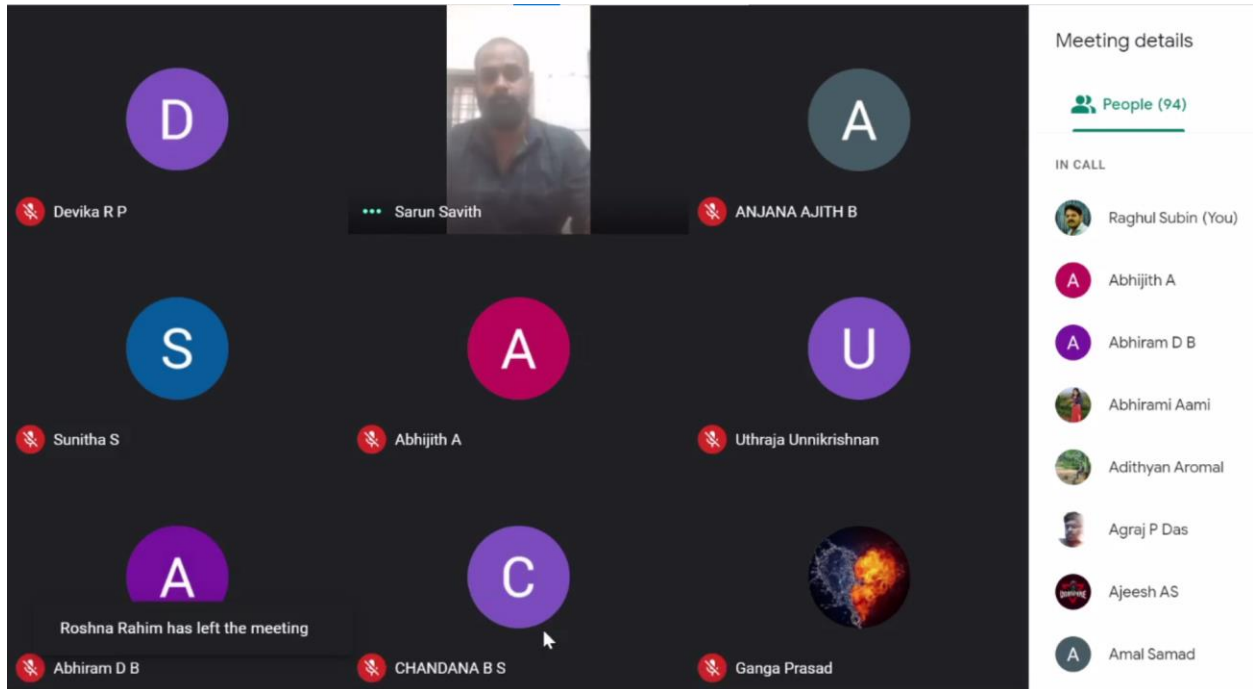


Fig: Screenshot of talk of Speaker- Speaker- Dr. Sarun S, Department of Geography, Sree Sankaracharya University of Sanskrit, Ernakulam

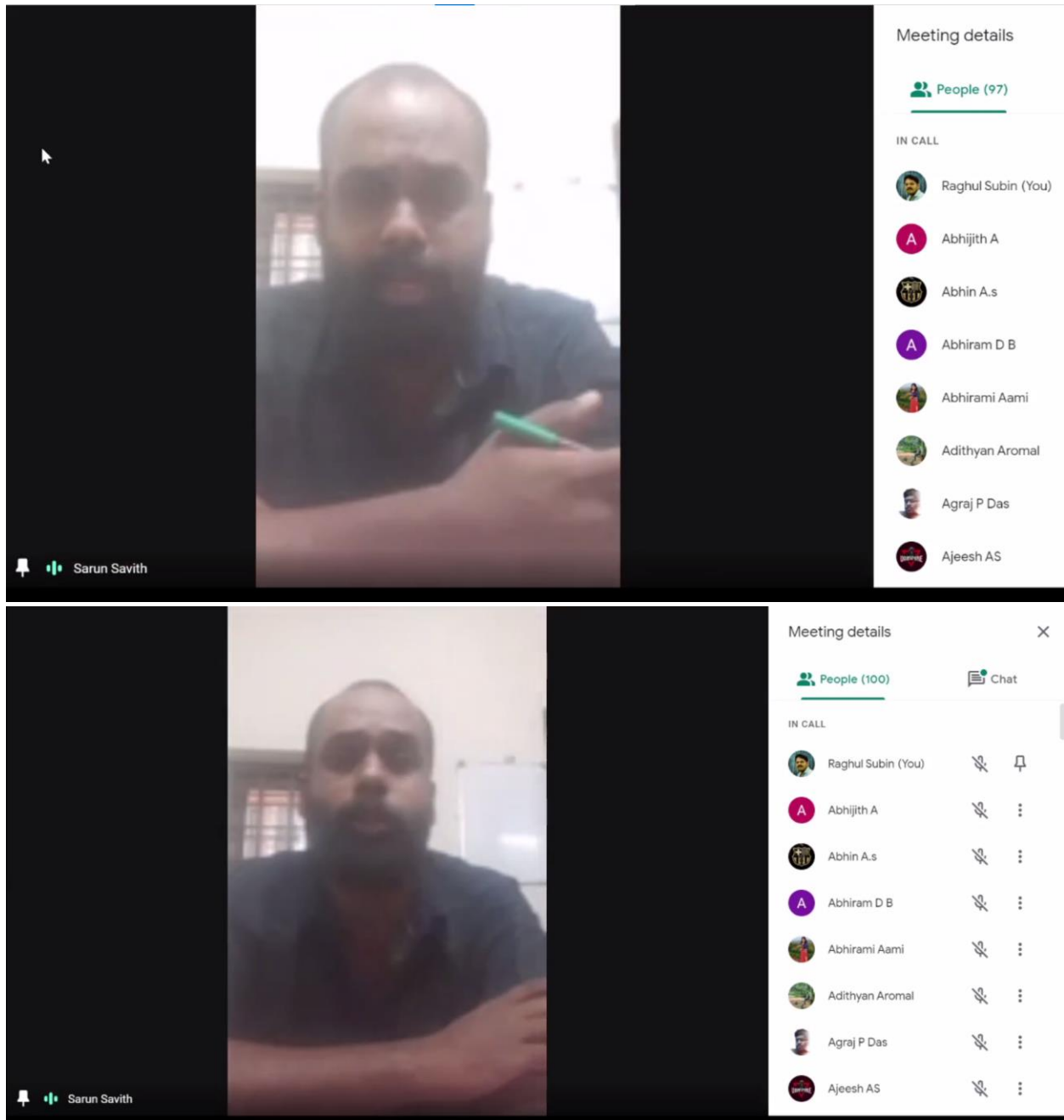


Fig: Screenshots of talk of Speaker- Speaker- Dr. Sarun S, Department of Geography, Sree Sankaracharya University of Sanskrit, Ernakulam in the webinar- DISASTER MANAGEMENT

**10. MOTIVATIONAL TALK AND ACTIVITY BASED ONLINE TRAINING on
“ PERSONALITY DEVELOPMENT”**

Main Speaker- Dr. SAJITH SJ SASI
Motivational Speaker and Mind Power Trainer, Assistant Professor in
Hindi, SN College, Varkala

Inauguration - Dr. Krishnan Kutty K (Principal, GCK)

Faculties involved in organizing the Event-

- **Dr. Raghul Subin S (NSS Program Officer, GCK)**
- **Smt Sunitha S (NSS Program Officer, GCK)**

Vote of Thanks – Ganga Prasad (NSS Leader, NSS Unit, GCK)

Number of participants - 100

Platform used – Google meet

Date and Time - 26/12/2020 (05.00 pm onwards)

Duration - 100 minutes

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DR SAJITH S J SASI

MOTIVATIONAL SPEAKER/ MIND POWER TRAINER

Assistant Professor in Hindi, SN college Varkala



**Tentative Topic- Personality
Development**

Webinar@ 3PM



**NSS unit 17 A & B,
Govt. College Kariavattom.**

Fig: Invitation for the webinar on **PERSONALITY DEVELOPMENT** organized by NSS Unit 17 A&B, Government College Kariavattom.

Speaker- Dr. SAJITH SJ SASI, Motivational Speaker and Mind Power Trainer, Assistant Professor in Hindi, SN College, Varkala

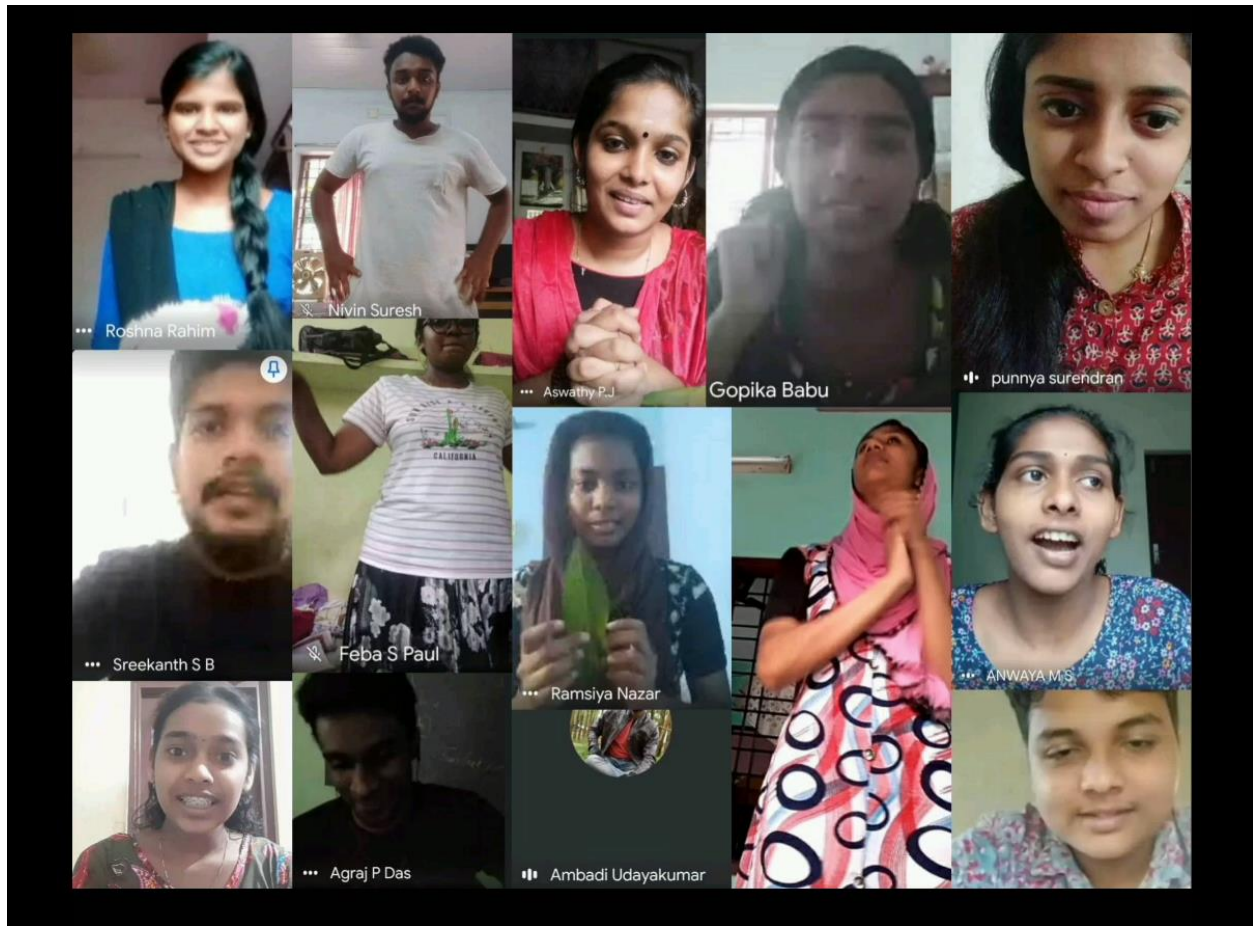


Fig: Screenshot of Activities of NSS Volunteers in the **Motivational talk and Activity based Online Training on “ Personality Development”** by Dr. SAJITH SJ SASI, Motivational Speaker and Mind Power Trainer, Assistant Professor in Hindi, SN College, Varkala

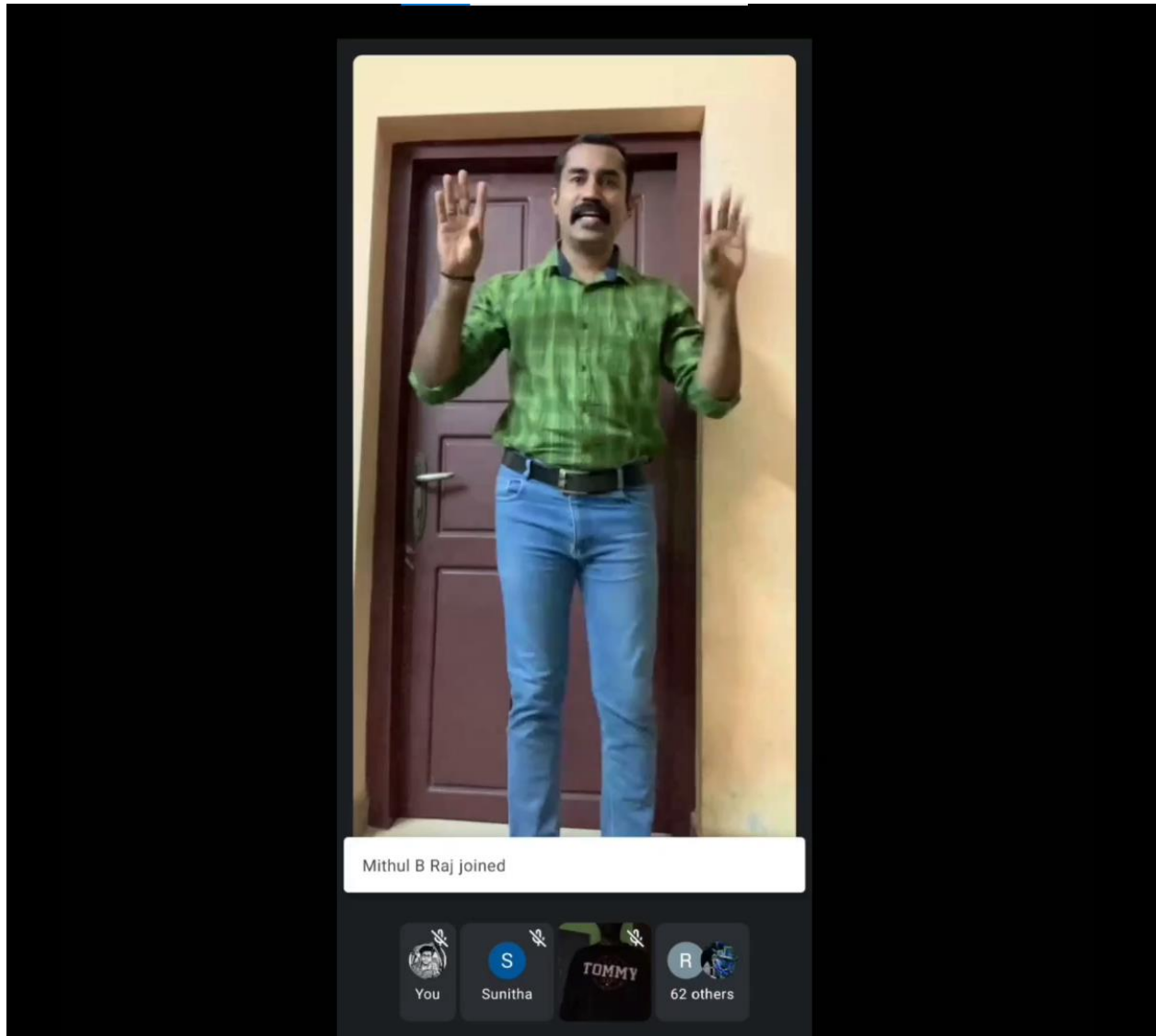


Fig: Screenshot of Activity based mind power training during the **Motivational talk and Activity based Online Training on “ Personality Development”** by Dr. SAJITH SJ SASI, Motivational Speaker and Mind Power Trainer, Assistant Professor in Hindi, SN College, Varkala

Fig: Screenshot of Activity based mind power training during the **Motivational talk and Activity based Online Training on “ Personality Development”** by Dr. SAJITH SJ SASI, Motivational Speaker and Mind Power Trainer, Assistant Professor in Hindi, SN College, Varkala

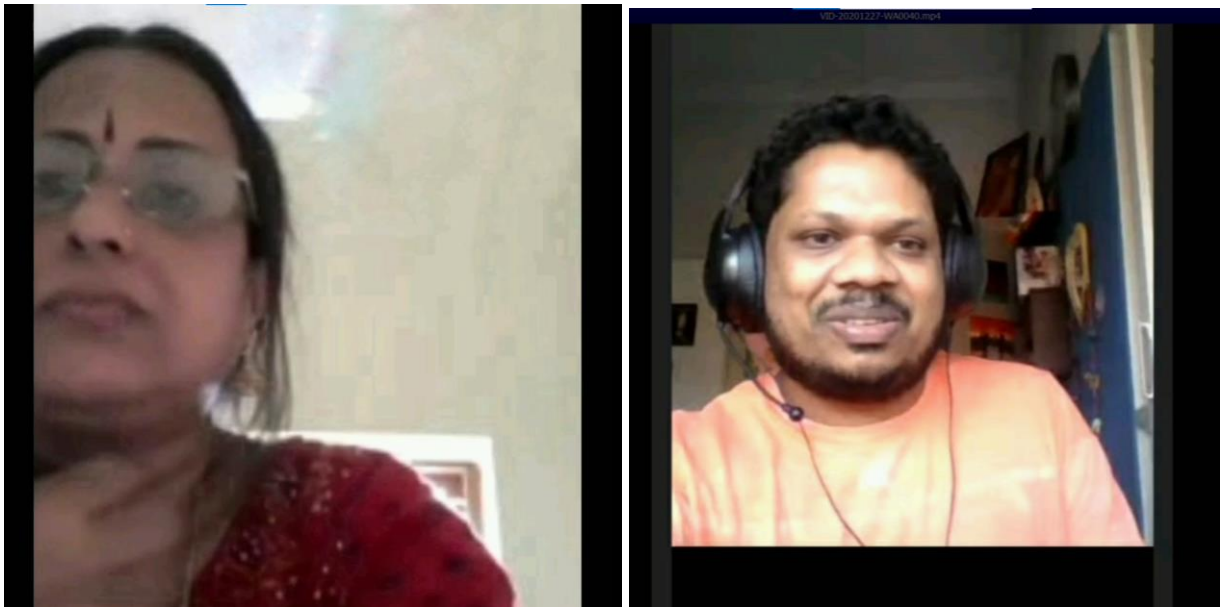


Fig: Screenshot of NSS program Officers, Smt. Sunitha S and Dr. Raghul Subin S, during the discussion session of **Motivational talk and Activity based Online Training on “ Personality Development”** by Dr. SAJITH SJ SASI, Motivational Speaker and Mind Power Trainer, Assistant Professor in Hindi, SN College, Varkala



Fig: Screenshot of Activity based mind power training during the Motivational talk and activity based personality training

11. NSS SPECIAL VIRTUAL CAMP 2020-21

Considering the pandemic situation, the NSS Cell, University of Kerala instructed us to conduct the special annual camp during 2020-21 in virtual mode which includes activities like surveys, service, environment related activities, palliative activities, skill training, seminars, personality development training etc. The whole one week sessions were carefully crafted in such a way that all the volunteers were actively participated in this sessions. The total Of 100 volunteers were participated and they were grouped into four groups randomly by the program officers, Smt. Sunitha S and Dr. Raghul Subin S. All the Activities were done under the guidance of program officers and volunteer captains Ganga Prasad and Abhijith. The camp were conducted from 23/12/2012 to 29/12/2019. The invited speakers were took interactive sessions on Disaster Management, Personality Development, Mental Health and Covid Awareness. A health Survey were conducted aims getting information about persons need palliative care. Online mode is conducted in such a way that a one hour program in the morning with online yoga/aerobics practice, general meeting, camp news reading and other sessions. Fore noon sessions were dedicated for offline activities. Each day separate activities were given like cleaning surroundings, planting tree saplings, rainwater pit making, waste material recycling etc. All the volunteers should make the pic/video before and after the activities. Forenoon session were done with interactive/training session of invited guests of one hour. Volunteers were given tasks to complete and also prepare for the cultural sessions in the evening after the forenoon session. Each group were assigned to do cultural activities in the evening session and they are also handled the games/competitions within the time limit of online sessions

**GOVERNMENT COLLEGE KARIAVATTOM
THIRUVANANTHAPURAM**



**NATIONAL SERVICE SCHEME
(NSS UNIT 17 A & B)**

**ANNUAL SPECIAL CAMP 2020
(VIRTUAL PLATFORM)**

23/12/2020 - 29/12/2020



**THEME: "Youth for Prevention
and Mitigation of Covid 19"**

" NOT ME, BUT YOU "

GOVERNMENT COLLEGE KARIAVATTOM

NATIONAL SERVICE SCHEME (NSS UNIT 17 A & B)

We cordially invite you to the inauguration of Special Camp (Virtual mode) of NSS Unit 17 A& B of our college

On 23/12/2020, 05.00 pm
(Google Meet Platform)

INAUGURATION SESSION

Welcome

Smt. Sunitha S

(NSS Programme Officer, NSS Unit 17 A&B)

Inauguration

Dr. Krishnankutty K

(Principal, Govt. College Kariavattom)

Felicitations

Dr. Baiju S.

(PTA secretary & Asst. Professor in Mathematics, Govt. College Kariavattom)

Dr. Sabeen H.M.

(Senate Member, University of Kerala,
& IQAC Co-ordinator, Govt. College Kariavattom)

Smt. Jaya A.S.

(Vice Principal, Govt. College Kariavattom)

Smt. Nadila N

(Chairperson, College Union, Govt. College Kariavattom)

Dr. Raghul Subin S

(NSS Programme Officer, NSS Unit 17 A&B)

Vote of Thanks

Smt. Ganga Prasad (NSS Volunteer, Govt. College Kariavattom)

**GOVERNMENT COLLEGE KARIAVATTOM
THIRUVANANTHAPURAM**

**NATIONAL SERVICE SCHEME
(NSS UNIT 17 A & B)**



**ANNUAL SPECIAL CAMP 2020
(VIRTUAL PLATFORM)**



Dear all,

We are conducting a Seven Day Annual Special Camp of NSS Unit 17 A & B of our College during 20th December 2020 to 29th December 2020. Objectives of this are to develop co-operation, awareness about duties and responsibilities, self sufficiency, importance to serve the society, social commitment, environmental protection, values and secularism among the students. We are glad to welcome all to participate for the success of the programme.

With Regards

Programme Officers
Smt. Sunitha S
Dr. Raghul Subin S

Principal
Dr. Krishnankutty K.

PROGRAMME SCHEDULE

DAY 1

23/12/2020

03.00 pm – 05.00 pm : Registration

05.00 pm – 05.30 pm : Inaugural Ceremony (virtual mode)

Inauguration- Dr. Krishnan Kutty

Principal, Government College Kariavattom

05.30 pm – 07.00 pm : Ice Breaking Session and Group formation (virtual mode)

07.00 pm – 07.30 pm : Providing camp rules, committee meeting and planning



DAY 2

24/12/2020

07.30 am – 08.30 am : NSS Song/Thought of the day/ Digital paper presentation/ previous day evaluation (virtual mode)

10.30 am – 12.30 pm : Offline activities (shramdan)

03.00 pm – 03.45 pm : Invited Talk- Topic “ Disaster Management”

07.00 pm – 08.00 pm : Cultural Session and Preview (Virtual mode)

“ NOT ME, BUT YOU ”

**GOVERNMENT COLLEGE KARIAVATTOM
THIRUVANANTHAPURAM**

**NATIONAL SERVICE SCHEME
(NSS UNIT 17 A & B)**



**ANNUAL SPECIAL CAMP 2020
(VIRTUAL PLATFORM)**



PROGRAMME SCHEDULE

DAY 3

25/12/2020

- 07.30 am – 08.30 am : NSS Song/Thought of the day/ Digital paper presentation/ previous day evaluation (virtual mode)
- 10.30 am – 12.30 pm : Offline activities (shramdan)
- 03.00 pm – 03.45 pm : Awareness Class- Topic “Youth health”
- 07.00 pm – 08.00 pm : Cultural Session and Preview (Virtual mode)

DAY 4

26/12/2020

- 07.30 am – 08.30 am : NSS Song/Thought of the day/ Digital paper presentation/ previous day evaluation (virtual mode)
- 10.30 am – 12.30 pm : Offline activities (shramdan)
- 03.00 pm – 03.45 pm : Invited Session- Personality Development
- 07.00 pm – 08.00 pm : Cultural Session and Preview (Virtual mode)

DAY 5

27/12/2020

- 07.30 am – 08.30 am : NSS Song/Thought of the day/ Digital paper presentation/ previous day evaluation (virtual mode)
- 10.30 am – 12.30 pm : Field Survey (Offline)
- 03.00 pm – 03.45 pm : Soft Skill Development Session
- 07.00 pm – 08.00 pm : Cultural Session and Preview (Virtual mode)



“ NOT ME, BUT YOU ”

**GOVERNMENT COLLEGE KARIAVATTOM
THIRUVANANTHAPURAM**

**NATIONAL SERVICE SCHEME
(NSS UNIT 17 A & B)**



**ANNUAL SPECIAL CAMP 2020
(VIRTUAL PLATFORM)**



PROGRAMME SCHEDULE

DAY 6

28/12/2020

- 07.30 am – 08.30 am : NSS Song/Thought of the day/ Digital paper presentation/ previous day evaluation (virtual mode)
- 10.30 am – 12.30 pm : Survey report presentation/ Camp Report presentation/ Digital magazine draft preparation
- 03.00 pm – 03.45 pm : Invited talk
- 07.00 pm – 08.00 pm : Cultural Session and Preview (Virtual mode)

DAY 7

29/12/2020

- 07.30 am – 08.30 am : NSS Song/Thought of the day/ Digital paper presentation/ previous day evaluation (virtual mode)
- 10.30 am – 12.30 pm : Feedback and Valedictory Session



“ NOT ME, BUT YOU ”

LOCKDOWN ACTIVITIES OF NSS VOLUNTEERS 2021

The first case of the COVID-19 pandemic in Kerala (which was also the first in all of India) was confirmed in Thrissur on 30 January 2020. Following the detection of positive cases, the government of Kerala declared a 'state calamity warning' on 4 February. On 15 March, the new initiative 'Break the Chain' was introduced by the Government of Kerala.

On 23 March, Chief minister of Kerala, Sri. Pinarayi Vijayan announced a statewide lockdown till 31 March to prevent further spread of the coronavirus which is later extend to two more months with periodic relaxation. The entire country has also gone into lockdown to combat the spread of the coronavirus pandemic.

Reports showing that there is an increasing stress among the people during these lockdown periods especially among teenagers. In order to cope up with this unusual situation, NSS Unit 17 A & B of Government College Kariavattom adopted several activities which aims at stress managements of students. Under the leadership of NSS Program Officers, Smt. Sunitha S and Dr. Raghul Subin S, several activities were conducted which includes periodic online meetings, group discussions, intra departmental competitions, inter collegiate competitions, online magazine preparation, webinars etc. By the month of early June 2020, a general body meeting including all the NSS volunteers under the leadership of NSS program officer were held online and decided to showcase various activities of volunteers done during the month of June and July 2020, first phase of covid lockdown periods, among all the students. It was interesting that all the volunteers were actively participated in this program and an online magazine was produced from these activities. The activities ranges from poems, story writing, short stories, gardening, craft making, paintings, drawings, short videos etc. Few of the lockdown activities of NSS volunteers are detailed below.



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Gopika Babu
I Bsc Biochemistry



Rejila
I Bsc Biotech



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME

നിഴൽ

കാട്ടുപാലകൾ പുത്തു മൗനമായ്
നാട്ടിലൊക്കവേ തീക്ഷ്ണ ഗന്ധവും..
വേട്ടനായ്ക്കളെത്തു കുവലായ്..
കേട്ടു തൽക്ഷണം ഭീതി പുകയോ?!

വാക പുത്തു കൊഴിഞ്ഞ വീഥിയിൽ,
മുകസന്ധ്യ മറഞ്ഞ നേരമീൽ,
ആകെ ഭീതിയിലാണ്ടു നീങ്ങവേ;
ഏകനായവനെത്തി പിന്നെയും!

കണ്ടോരോർമ്മയതുണ്ട്
നെഞ്ചതിൽ
പണ്ടു കൂട്ടിനിരുന്ന മിത്രമോ!
കണ്ട കാഴ്ചയിൽ ചിന്ത മങ്ങയായ്..
വിണ്ടുപോയ പുറങ്ങളോർക്കയായ്..

ഇന്നണിഞ്ഞൊരു
പൊയ്മുഖത്തിനു-
പിന്നിലൂർന്നു നൂരഞ്ഞ
ചെഴ്ചകൾ!
അന്നു പിന്തിരിയുന്നയാമമീൽ
വന്നുമുറ്റം ചൊരിഞ്ഞതും
അന്നവൻ

പാൽനൂണഞ്ഞു കരഞ്ഞ നാളതിൽ
നൽവെളിച്ചമായ് കൂട്ടു ചേർന്നവൻ!
നിൽക്കയിന്നുമൊരിക്കൽ കൂടിയും
കൽവിളക്കിലെ കെട്ട നാളമായ്!

ചക്ഷു:പോലെ ഹനിക്കുമൊരു
രക്ഷസ്സോ?
പക്ഷപാപങ്ങളേൽക്കുമൊരു
യക്ഷനോ?
അക്ഷയ ഹസ്തങ്ങളാർദ്രമായ്
പുളിയും
അക്ഷമനായ് ചോരയിറ്റിച്ചുമടങ്ങ
നീ.

അന്നുമിന്നുമിതെന്നുമെന്നും
ചാരെ കൂട്ടിനെനിക്കുമെല്ലോർക്കും!
ശുഭ്രധജമതുയർത്തിടും-ചുടു
രക്തധാര ചൊരിച്ചിടും!

ധർമ്മിപാപിയുമാക്കിടുണൊരു
പ്രേതഭൂതമതല്ലിത്!
അവൻ അവൻ താൻ തുഴ
വലിക്കുമൊരു
നേർത്ത നൗക നിൻ ജീവിതം!!!!

Ashiq A
I BSc Computer Science





LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Raja D
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

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Let's take a pic

Come on miss let's do this.
No, Please. It's really stupid.
Why should I care about
someone who doesn't even

know me?. You
wack-a-doodle can you just
do it?. Im not telling you to
write an IIT entrance. Keep
it cool. Don't mess it up by
talking about yourself. And
remember, this isn't the good
time to be assertive. Start
with usual words , Enquire
about corona specials, Make
some complements, and
voila! It's all set back again.
Why lag?, do you wanna say
something to me?

Hey buoy I'm so not cool I
guess. Should I? Should I ?
No.. Its all will be deemed
as a baloony. i know. I'm so
over acting since the last
December and they are all
done with me. Why are you
thinking about others?. I'm
loosing myself, dear. Just do
it. For your sake can you just
tell me what's the problem?
'I think I'll a take a picture
of that too and make it my
WhatsApp status'.

Oh my..!

May.11
2020
.....

Neha
I Bsc Geography



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

From egg tray to flowers

NATIONAL SERVICE SCHEME



Feba S Paul
I BSc Geography



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

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Feba S Paul
I BSc Geography

The way she is

She ~~was~~ is a girl who held her head up
She was always happy and never worried on her looks.
She never dressed up tight
She doesn't had that perfect body which the society called perfect
Her skin was wrapped with chocolate that others found terrible.
She was neither a size zero nor a nor a butterstick.
She was just a chocolate cupcake.
She never mind what other said!
Because she was happy with her loved ones.
When she was with them she tried to erase what other said!
She ~~was~~ is happy always and that's because she never cared what other's said.
She is always the
The way she is.

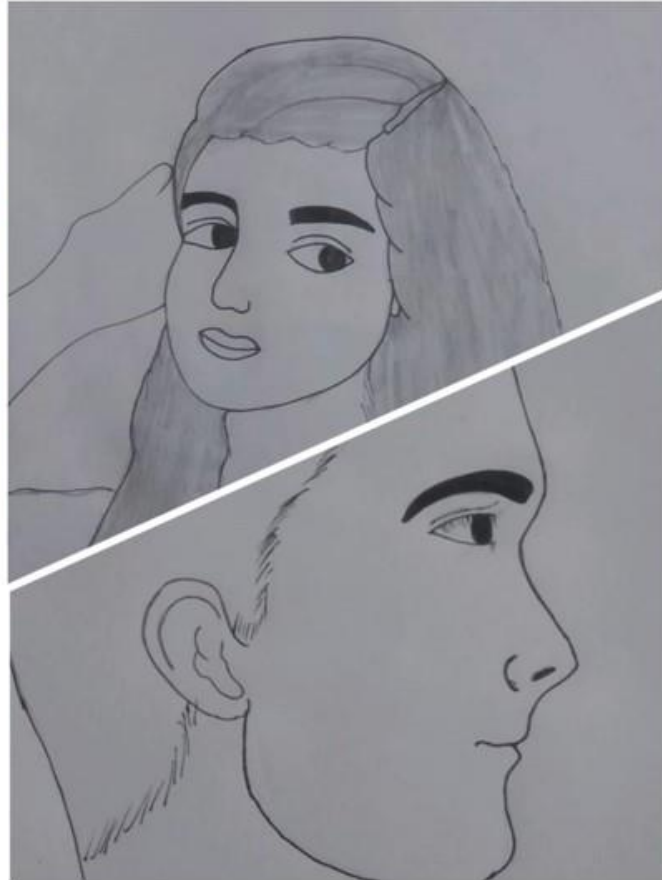


GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Ammu
I BSc Biotech



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Feba S Paul
I BSc Geography



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL



SERVICE



Raja D
I BSc PCA

SCHEME



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Neha
I Bsc Geography



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Brajain
II BSc Biochemistry



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Gowri
II BSc Biochemistry



Haseena
II BSc Geography



Nazrin
II BSc Geography



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LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Gopika
I BSc Biotech



Mithuna
I BSc



GOVERNMENT COLLEGE KARIAVATTOM



NATIONAL SERVICE SCHEME

LOCKDOWN ACTIVITIES



Hrishiraj
I BSc



Ashwathy
I BSc



Arathi
I BSc

Sruthi
I BSc



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LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Shivaganga
I BSc



Sruthy
I BSc



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LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



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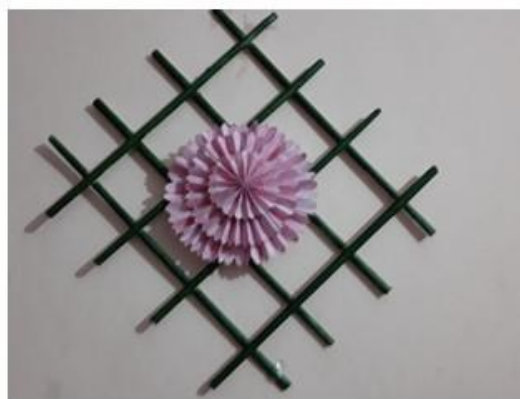


LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Husna
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Husna
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Ganga Prasad
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Ganga Prasad
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Krishna
I BSc PCA



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



Aswathy
I BSc



GOVERNMENT COLLEGE KARIAVATTOM



LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME



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LOCKDOWN ACTIVITIES

NATIONAL SERVICE SCHEME

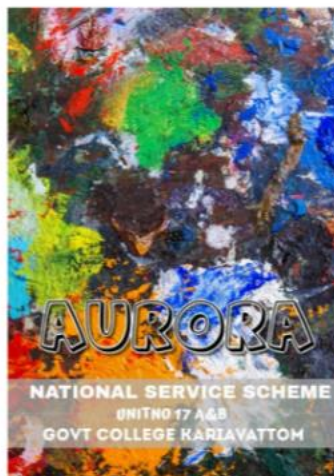


GOVERNMENT COLLEGE KARIAVATTOM

AN ONLINE MAGAZINE – AURORA WAS PUBLISHED AS A PART OF SPECIAL ANNUAL CAMP OF NSS UNIT 17 A and B

Magazine is available in the link below

<https://online.fliphtml5.com/ebvzx/ekao/#p=1>



Conclusion

The NSS Units of Government College, Karivattom have done commendable service during the year 2020-2021 with dedication and commitment. Our volunteers implemented several programmes in online under Regular Activities and conducted the seven day annual Special Camp (ONLINE MODE). We are obliged to Sri. G P. Sajithbabu, Regional Director NSS, Dr. K. Sabukuttan, State NSS Officer and Dr. A. Shaji, NSS Programme Co-ordinator for their leadership and proper guidance. The help from the college authorities was immense. We express heartfelt gratitude to our Principal Smt. A. S. Jaya, IQAC Co-ordinator Dr. H. M. Sabeen, PTA Secretary Dr. S. Baiju, Faculty members, non-teaching staffs and College Union for their whole hearted support and advice.

NSS Programm Officers

Dr. Raghul Subin S

Smt. Sunitha. S