



INSTITUTIONAL DISTINCTIVENESS



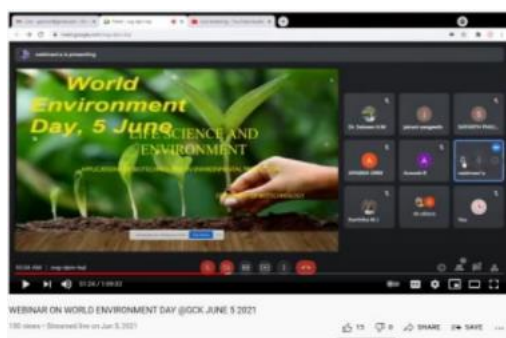
2021-22



Social Outreach through Education is aimed at ensuring that the education the students are imparted is optimized for helping them succeed in the world. The college has constantly shown profound interest in social welfare and Environment friendly activities. We have a very enthusiastically functioning crew comprising of Institutional Social Responsibility Forum (ISRF), Nature Club, NSS and NCC working meticulously as a team in various programmes in these directions. All the students are encouraged to join and work actively in ISRF forums in the college. The forum actively engages with the faculty members and comes up with suggestions for improvement in all areas of the student's life in college.

ENVIRONMENT FRIENDLY ACTIVITIES

- ❖ Department of Geology in association with the Internal Quality Assessment Cell (IQAC) of Government College, Kariavattom has conducted a Webinar on the topic SCIENCE and ENVIRONMENT in connection with observing the World Environment Day on June 5, 2021. In this context, the role of various disciplines of science in maintaining a healthy environment was presented by representatives from various subjects.



- ❖ **Plantation drive on Independence day**



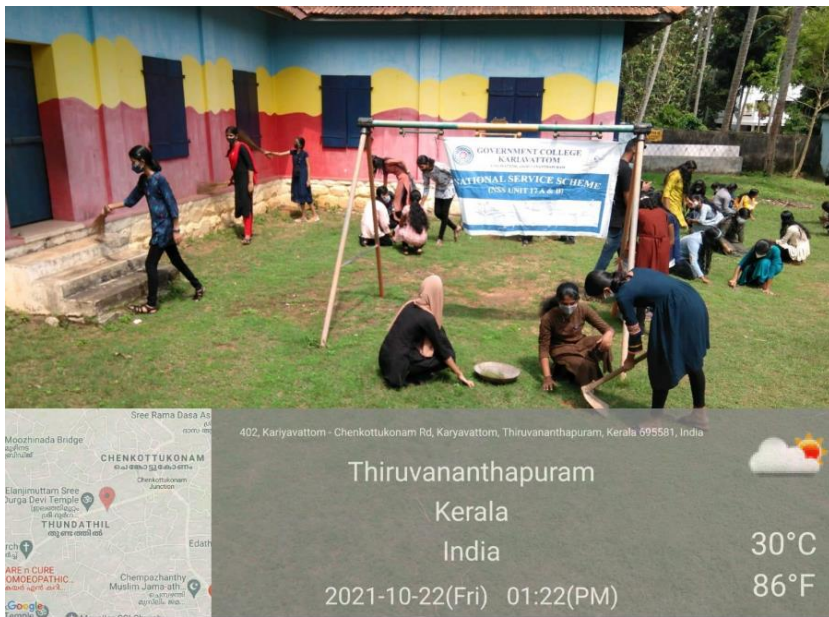
- ❖ Students in our College and NSS Volunteers cleaned the College Campus, especially the 'Naalukettu' block. All the benches and desks in classrooms were sanitized. Cobwebs were removed and entire veranda was cleaned. Courtyard of Naalukettu was cleared of grass and weeds. Plastic items were removed. Badminton court was also tidied. 54 volunteers participated in the cleaning activity.



Cleaning college premises

❖ Clean india programme

As part of clean India program, NSS volunteers also cleaned Chengottukonam LP School, on 22nd Oct 2021, immediately before reopening after a long period of lockdown. The entire school premise, classrooms and library was cleaned. 83 volunteers participated in the activity.



Malayala Manorama Report



Deshabhimani Report

ചേങ്കോട്ടുകോണം സ്കൂൾ ശുചീകരിച്ചു

കഴിഞ്ഞ സ്കൂൾ പരിസരവും വൃത്തിയാക്കി നാഷണൽ സർവീസ് സ്കീം കാര്യ വത്ത് ഗവ. കോളേജ് യൂണിറ്റ്. നവംബർ നാലിന് സംസ്ഥാനത്തെ സ്കൂൾ തുറക്കുന്ന സാഹചര്യത്തിലാണ് കോളേജ് യൂണിറ്റ് 17 എ. ബി എന്നിവരുടെ നേതൃത്വത്തിൽ ചേങ്കോട്ടുകോണം ഗവ. എൽപി സ്കൂളിലും ക്ലാസ് മുറികളും സ്കൂൾ പരിസരവും ശുചീകരിച്ചത്. ലൈബ്രറിയും ക്ലാസ് മുറികളും വൃത്തിയാക്കി അണുനശീകരണം നടത്തി. നാഷണൽ സർവീസ് സ്കീം പ്രോഗ്രാം ഓഫീസർമാരായ ഡോ. സി ആർ ധന്യ, ഡോ. എൻ നിഷാദ് എന്നിവർ നേതൃത്വം നൽകി.

❖ Harithakam

Organized a green initiative named 'harithakam' on 27th of Jan, 2022 for collecting all plastic wastes from home and disposing it in an apt way. 82 volunteers participated.



❖ Jeevamsam

ജീവം - sapling plantation drive. 65 NSS volunteers planted saplings in their home. 79 volunteers participated



Sapling plantation drive

❖ Catch the rain campaign

Conducted 'Catch the Rain Campaign' by Sri. Anzar Azad (Modern rainwater harvesting expert, Managing director of Act Pvt Ltd, Tvm) on 17th August 2021. 75 participants attended the meeting. The participants got an opportunity to clear their doubts about rainwater harvesting through the interactive session



GOVERNMENT COLLEGE KARIAVATTOM
NSS Unit 17 A & B

CATCH THE RAIN CAMPAIGN

**"An interactive session about
rain water harvesting."**

**17 AUGUST 2021
4:00 pm**





CHIEF GUEST
SRI ANZAR AZAD
(Modern rainwater
harvesting expert)

"CATCH THE RAIN - WHERE IT FALLS, WHEN IT FALLS"

Anchoring : Devika. S.R
NSS Song : Sai Gayathri
Welcome Speech : Chethana Sankar. S
Talk by our guest : **Sri. Anzar Azad**
(Modern Rainwater Harvesting
Expert/Managing Director of Act Pvt
Ltd, Ivm)

Felicitation : **Smt.S.Jaya**
(Vice Principal, GCK)
Dr.Sabeen.H.M
(IQAC Co-ordinator)
Dr.Raghul Subin.S
(NSS Programme Officer GCK)
Dr.Dhanya.C.R
(NSS Programme Officer GCK)

Organized
by
Team Lavlina

Vote of thanks : **Ralson Renny Philip**

- ❖ The Oasis club, Department of Geography has conducted World Forest Day Celebration on March 21, at 2.30 PM. The function was inaugurated by Smt.Jaya A.S,Principal, Govt College Kariavattom. Students organised an exhibition focussing on the importance of Forest for a sustainable life. The exhibition was visited by students and teachers of various departments.





- ❖ The Department of Geography in association with IQAC conducted an international seminar/webinar titled Restoring the Visible Earth on 22nd March, 2022 in offline and Google Meet platform.

ORGANIZING TEAM

Smt. Jaya A S, Principal (Patron)

Smt. Mereena C.S (Head, Department of Geography)

Smt. Jovi Joseph (Member, IT cell)

Dr. Nishad N tant Professor in Geography)

Dr. Karthika K (Program Coordinator, Assistant Professor in Geography)

PROGRAMME

- Welcome: Smt. Mereena CS
- Inagural Address: Smt. Jaya AS
- Felicitation: Dr. Sabeen H.M (IQAC Coordinator)
- Dr. Jolly Bose R (NAAC Convenor)
- Dr. Baiju S (Secretary PTA)
- Invited Talk: Mr. Vivek JM- Closing the Loop- Addressing Marine



**DEPARTMENT OF GEOGRAPHY,
GOVERNMENT COLLEGE
KARIAYATTOM**


In association with
IQAC

On World Water Day

INTERNATIONAL SEMINAR ON

Restoring the Visible Earth

**On Tuesday
22nd March 2022 at 12.00 pm**



RESOURCE PERSON
MR. VIVEK JM (TECHNICAL EXPERT,

ABOUT THE PROGRAMME

Marine litter is a major problem in the world's oceans. The 80 percent of marine litter stemming from land-based sources is largely a result of inadequate solid waste management. Plastic waste is a major component of marine litter. The amount of uncollected and mismanaged waste entering the ocean has significantly increased in the past decades, causing increased economic and environmental damage, harming physical habitats for wildlife, releasing chemical and nutrient pollution, and causing entanglement, observation and overall detriment to the global food. The 2030 Agenda for Sustainable Development calls for action to conserve and sustainably use the oceans, seas and marine resources (Goal 14) and by 2025, prevent and significantly reduce marine pollution of all kinds, particularly from land-based activities, including plastic waste and nutrient pollution (target 14.5). The current programme endeavours to provide a deep insight to the environmentalists to address this global threat and guide action to close the loop in line with the Sustainable Development Goals.

ABOUT THE RESOURCE PERSON

Vivek J M is a sustainability professional and environmentalist currently working as a Technical Expert for German development agency (GIZ) in the field of international development cooperation. In 2018, he was selected as a German Chancellor Fellow supported by the Alexander Von Humboldt Foundation to work in Germany. He has an experience in supporting and mentoring few environmental start-ups in the field of sustainable development.

❖ Earn while you learn

The concept of this programme is to develop entrepreneurship among the students undergoing various courses in the College. Giving the students an opportunity to acquire work experience while learning is extremely important. It can provide skills of employability and strengthen students' preparedness to find successful careers. There are many benefits for EWYL Scheme. Most important is mitigation of economically backward students' hardships in education due to income shortage, inculcation of dignity of labour including values of hard work among students, enhancement of skills adding to employability, strengthening of resourcefulness to take up better jobs in the future, development of personal interest and preference in the fields of learning, reduction of the sense of alienation in the students' minds about what they learn, and transformation of higher education into a self-directed, personal, and life-related enterprise, not always curiosity driven though. .

SETTING UP OF A KITCHEN GARDEN (ADUKKALATHOTTAM) IN THE COLLEGE CAMPUS.

A group was formed to promote agriculture among students under the leadership of Nature Club, GCK named "Karshaka sangham". The main aim was to setting up a kitchen garden nearer to college canteen and perform vegetation. Selected students were given wages during this program as per government norms under the scheme "EARN WHILE YOU LEARN" and the profit will be earned by selling the vegetables to the College Canteen. This scheme aims in creating awareness among students about agriculture and also promote them to earn while they studying. With the aid from PTA of the college, Adukkalattottam was setup with the support from the students and faculties. Nearly 30 fruit trees were planted and maintained in and around campus under the leadership of Karshakasangham team. More than 50 students were benefitted till date from this scheme. An amount of Rs. 10,000/- were distributed to students as a part of this program under EWYL Scheme





❖ Patheyam

NSS day was observed on 24th September 2021 by conducting a program “Patheyam”. We distributed food packets worth 8000/- to patients and bystanders of Medical College Thiruvananthapuram. Fifteen volunteers participated in the activity



- ❖ As part of Womens' day celebration, we collected around 20 lunch packets from NSS volunteers and seven teachers and gave it to street vendors (majority were Women) from Kariavattom to Kazhakootam on 8th March 2022.



❖ Hair donation

12 of our NSS volunteers and one program Officer participated in hair donation for Cancer patients, organised by NSS, University College of Engineering on 8th March 2022.



❖ Puneet sagar abhiyan

Beach cleaning as a part of Puneet sagar abhiyan at veli and sangumugham





❖ Sneha Sammanam

As part of Onam celebration NSS unit of Government College Kariavattom arranged a program called 'Sneha Sammanam'. A sum of rupees 6000/- was collected from NSS volunteers and NSS Program Officers. Groceries were purchased with the amount and donated to ASWAS BHAVAN, a non-profit organization for destitute lunatic Patients, which is located at Vilapilshala, Thiruvananthapuram, supporting 56 residents and few care takers





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❖ Tribal village visit:

As part of palliative care activity, National Service Scheme Unit 17 A&B of Government College Kariavattom visited Vlavila Tribal Settlement in Kuttiyachal Panchayat of Katakada Taluk on 13th November 2021. The tribal settlement is located within the Agasthyavanam Biological Park Range. Permission for travel was sought from the Forest office. Kit (worth five thousand rupees) containing groceries, vegetables and sanitary items were given to families of ten patients with serious/long-term illnesses. In addition to food kits, study materials (worth 5000 rupees) including notebooks, drawing books, story books, pens, pencils, eraser, pouch, etc were distributed to 20 children who are dependants of the people with illness. One of the volunteers, Anjana A. S. took a Breast Cancer Awareness class for the female residents



We also celebrated Children's Day by organising cultural programs with the children of the settlement and cutting cake .



Donations to Workers in Bonakkad and Ponnudi:

Donations were made to workers of rain affected areas of Bonakkad and Ponnudi. Groceries were purchased with contributions made by teaching faculty of Govt. College Kariavattom. Few teachers donated rice bags and wheat flour. The items were handed over to State NSS office on Nov 17th 2021.





❖ Paperbag making and distribution

Paper Bag Making (04.12.2021) on pollution control day: NSS Volunteers made paper bags using newspaper. 88 volunteers participated in the activity.



These paper bags were then distributed among vendors around Kariavattom

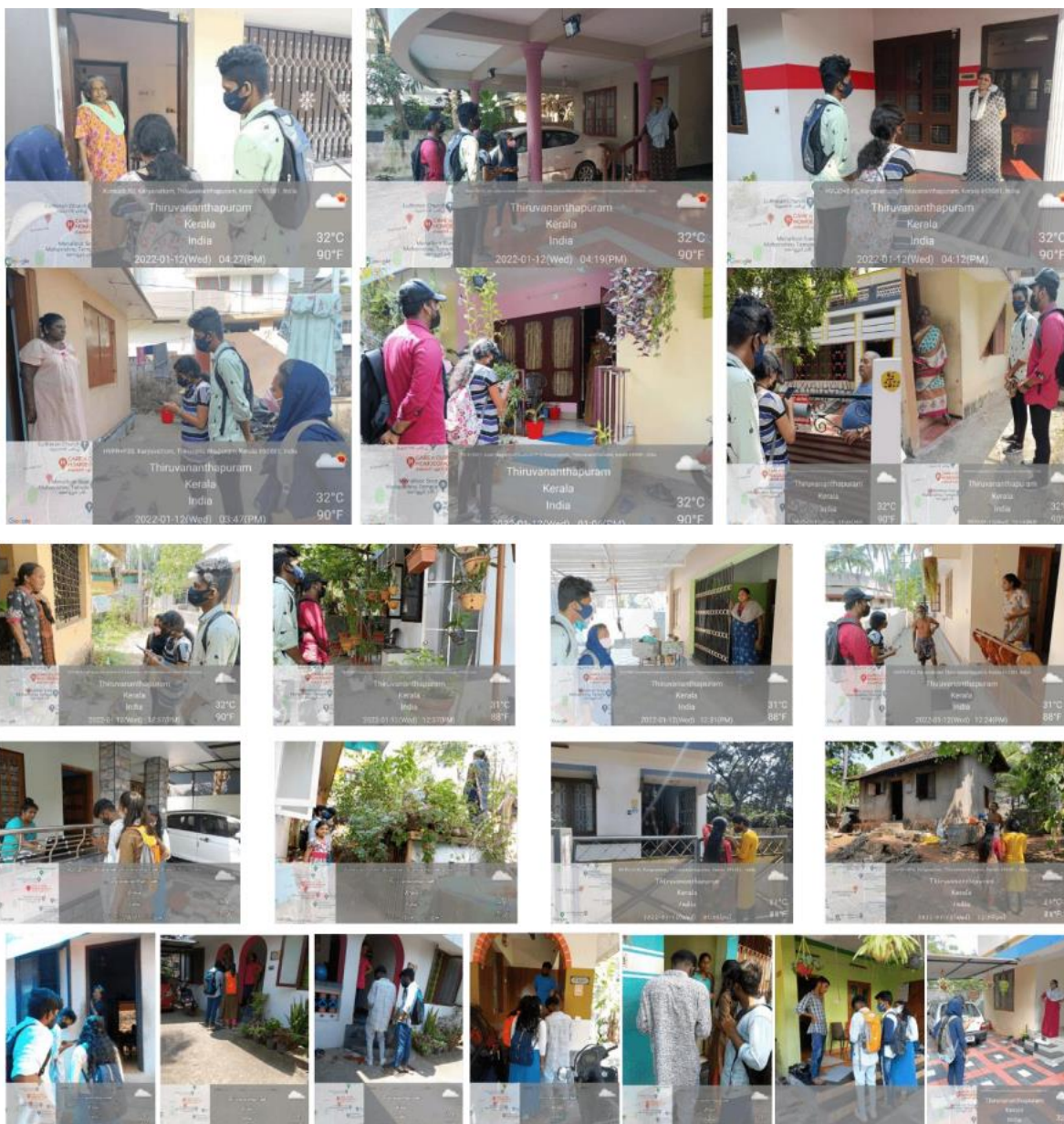


❖ Prathinidhi

NSS Unit 17 A & B, Government College Kariavattom has an active Palliative club named 'PRATHIDHI' functioning since august 2021. Our motto is "Koottaayi, Karuthalaayi, Kaarunyamaayi" (കൂട്ടായി, കരുതലായി, കാരുണ്യമായി). Our club intends to add hope and light to lives of patients who are in the grips of despair, distress, and anguish due to illnesses. We aim at offering physical, mental, emotional, and financial support to the patients. Psychologist of 'Jeevani' of our college is also part of the palliative club and is at aid of patients who need a psychological support. Apart from information obtained from survey, we also collected details of bedridden and terminally ill patients and patients with other diseases, from Sister Radhamoni, Palliative center Pangappara. We selected patients who are financially unstable and need palliative care. Help was rendered to these patients in form of food kit, medicine kit, groceries, sanitation kits, equipment, and study material for dependent children of the patients.

❖ Home visit

Volunteers visited households in and around Kariavattom on 25th Dec 2021 and 12th Jan 2022. They had prepared a questionnaire. Visited each house, interacted with the family members. Enquired about their socio-economic and health status. The data was entered in the google form for analysis.



❖ SUPPLY OF MEDICINES

Patients are getting most of the costly medicines from PHC. We had made a list of medicines and ointments (betadine ointment, Metrogyl, Dettol soap, Mupirocin ointment, Voveran, Neosporin) that was not supplied by PHC and this was given to patients (as per their requirement)



❖ DISTRIBUTION OF CLOTHS AND OTHER NECESSITIES (SANITARY ITEMS)

Sanitizers, diapers, and dressing material (Pillow, bedsheet, Cotton wool, Dettol, Dettol soap, adult diapers, smaller size diapers) were given to patients .



❖ DISTRIBUTION OF EQUIPMENTS

Wheelchair was given to Vighnesh, who is suffering from Muscular dystrophy. Crutches were given to Mr. Shyam, who lost one leg.



❖ COUNSELLING FACILITIES

Psychologist, Jeevani, of our college had accompanied to all houses we had visited in Kazhakoottam ward, for palliative care activities. She has given counselling sessions to all these patients. Volunteers also spent time talking to the patients. All these were carried out maintaining strict Covid protocol. Concerning the privacy of the patients, counselling sessions were not captured on camera. Photos of interaction of volunteers with patients are given below



- ❖ Report in Malayala Manorama (1st Feb 2022) regarding Socio-Economic and Health survey and Palliative care.

